



PENSACOLA SCHEDULE

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THIS IS A BLACK BELT SCHOOL

PROGRAM	AGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ATA Tiger tigers.myatatoday.com	4, 5 & 6	5:00-5:30	5:00-5:30		5:00-5:30	
White - Yellow ataonline.com	7 to 12	5:30-6:15	6:15-7:00	6:15-7:00	5:30-6:15	
Camo - Blue	7 to 12	6:15-7:00	5:30-6:15	5:00-5:45		4:45-5:30
Brown - Black	7 to 12	6:15-7:00		5:00-5:45	6:15-7:00	4:45-5:30
BBC / Leadership	7 to 12			5:45-6:15		
KRAV MAGA	15 & Up	7:00-8:00				6:30-7:30
Ad. Day Class Ad. Night Class	13 & Up	7:00-8:00	11:00-12:00 7:00-8:00		11:00-12:00 7:00-8:00	5:30-6:30
KICKBOXING	Mixed		9:30-10:30		9:30-10:30	
CIT / Leadership	13 & Up	8:00-8:30				

☺ Bow to others showing **RESPECT**

☺ Arrive to class on time showing **LOYALTY**

☺ Shake hands showing **COURTESY**

☺ Make good choices showing **SELF CONTROL**

☺ Be quiet during class showing **DISCIPLINE**

☺ Attend required classes showing **PERSEVERANCE**

Schedule effective 02/12/16 and subject to change. The length and amount of classes offered weekly are subject to change.

STAY FOCUSED & ACHIEVE YOUR GOALS