

## Devonport Little Athletics Centre Program 1

Age Group	Session 1		Session 2		Session 3	Session 4	
U6 Girls	70	200	Vortex <i>(South)</i>		Long Jump <i>(Near Pit)</i>		
U6 Boys	70	200	Long Jump <i>(Near Pit)</i>		Vortex <i>(South)</i>		
U7 Girls	70	200	Long Jump <i>(Middle Pit)</i>		Discus		
U7 Boys	70	200	Discus		Long Jump <i>(Middle Pit)</i>		
U8 Girls	70	200	Shot Put <i>(Cricket Pitch)</i>		High Jump <i>(Scissor Mats)</i>		
U8 Boys	70	200	High Jump <i>(Scissor Mats)</i>		Shot Put <i>(Cricket Pitch)</i>		
U9 Girls	Long Jump <i>(Middle Pit)</i>		200	70	800 <i>(laned Start Max 2/lane)</i>		Discus
U9 Boys	Discus		200	70			Long Jump <i>(Middle Pit)</i>
U10 B & G	Long Jump <i>(Far Pit)</i>		200	70		Shotput <i>(Main)</i>	
U11 B & G	Shotput <i>(Main)</i>		200	70		High Jump <i>(Flop Mats)</i>	
U12 - U15 B & G	Javelin <i>(North)</i>		200	70		Triple Jump <i>(Far Pit)</i>	