

Devonport Little Athletics Centre Program 2

Age Group	Session 1		Session 2		Session 3	Session 4	
U6 Girls	100	150	Long Jump <i>(Near Pit)</i>		Shot Put <i>(Cricket Pitch)</i>		
U6 Boys	100	150	Long Jump <i>(Near Pit)</i>		Shot Put <i>(Cricket Pitch)</i>		
U7 Girls	100	150	Long Jump <i>(Middle Pit)</i>		Vortex <i>(South)</i>		
U7 Boys	100	150	Vortex <i>(South)</i>		Long Jump <i>(Middle Pit)</i>		
U8 Girls	100	400	Discus		Long Jump <i>(Far Pit)</i>		
U8 Boys	100	400	Long Jump <i>(Far Pit)</i>		Discus		
U9 Girls	Shotput <i>(Main)</i>		400	100	High Jump <i>(Scissor Mats)</i>		700 Walk
U9 Boys	High Jump <i>(Scissor Mats)</i>		400	100	Shot Put <i>(Main)</i>		
U10 B & G	Long Jump <i>(Middle Pit)</i>		400	100	Turbo Jav <i>(North)</i>	1100 Walk	
U11 B & G	Discus		400	100	1100 Walk	Long Jump (Far Pit)	
U12 - U15 B & G	Long Jump <i>(Far Pit)</i>		400	100	1500 Walk	Discus	