

Date	Name	Training Roster	
		Event	
29/10/2015	Danielle	Walks	Steve Plumb Head Coach middle distance/sprints
5/11/2015	David	Long Jump	Brendon Taber Sprints
12/11/2015	Beth	Relay	
19/11/2015	Ray	High Jump /relays	
26/11/2015	Beth	Hurdles	
3/12/2015	David	Triple Jump	
10/12/2015	Michelle	Discus	
17/12/2015	Michelle	shotput	
Break			
21/01/2016	Michelle	Discus	
28/01/2015	David	Long Jump	
4/02/2016	Beth	Javelin	
11/02/2015	Dannielle	Walk	
18/02/2016	Any coach	Any event	
Break			
3/03/2016	Ray	High jump	
10/03/2016	David	Triple Jump	
17/03/2016	?	?	