













ULTIMATE CHAMPION'S TAEKWONDO & *LIFEFIT* KICKBOXING CENTER

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Time Day	MONDAY (A)	TUESDAY (A)	WEDNESDAY (B)	THURSDAY (B)	FRIDAY (A)	SATURDAY(B)
4:00PM-4:30PM LITTLE TIGERS	 LITTLE TIGERS	 LITTLE TIGERS	 LITTLE TIGERS	 LITTLE TIGERS		9:00am – 9:45am ADULT CLASS
4:35PM-5:20PM	BLUE BELT TO BODAN BELT	NO BELT TO GREEN TIP BELT	NO BELT TO GREEN TIP BELT	BLUE BELT TO BODAN BELT	 LITTLE TIGERS 4:30-5:00PM	10:00 am – 10:45 am ALL BELT CLASS
5:25PM-6:10PM	NO BELT TO GREEN TIP BELT	BLUE BELT TO BODAN BELT	BLUE BELT TO BODAN BELT	NO BELT TO GREEN TIP BELT	ALL BELT CLASS 5:05pm-6:05pm	10:50-11:20  LITTLE TIGERS
6:15PM-7:00PM	CANDIDATE & BLACK BELT	FAMILY CLASS (ALL BELT ALL AGES)	6:15PM-7:15PM BBC WEAPONS AND SPARRING	FAMIL Y CLASS (ALL BELT ALL AGES)	6:05PM-7:05PM BBC WEAPONS AND SPARRING	11:30-12:15 BBC WEAPONS AND DEMO
7:05PM-7:35PM	 LITTLE TIGERS	 LITTLE TIGERS		 LITTLE TIGERS		12:15 – 1:15pm CANDIDATE & BLACK BELT
7:40 -8:35PM	HYPER WEAPONS/DEMO B- ROOM	ADULT AND TEEN CLASS 13 And Up	CANDIDATE & BLACK BELT	ADULT AND TEEN CLASS 13 And Up	SCHOOL EVENTS SEE BOARD FOR INFO ON MOVIE NIGHTS, SLEEP OVERS, GAME NIGHTS AND OTHER IN SCHOOL EVENTS!	1:15PM-2:00PM LEADERSHIP STAFF CLASS
LEADERSHIP 15 MINUTE BONUS CLASS	7:05 – 7:20PM		7:20 – 7:35		7:10-7:25	Awesome Birthday Parties @ CHAMPION'S Book 3 Months in Advance 
TRANSPORTED AFTER SCHOOL MARTIAL ARTS FREE HALF DAYS AND DISCOUNTED RATES FOR NO SCHOOL MARTIAL ARTS CAMP DAYS SPACE IS LIMITED. SUMMER CAMP SPACES NOW OPEN! RESERVE YOURS TODAY!						
LIFEFIT KICKBOXING ONE HOUR CLASSES	12:00PM 7:40 PM	12:00PM 6:30p 7:40 PM	12:00PM 7:40 PM	12:00PM 6:30p 7:40 PM	12:00pm	8:00am

THIS SCHEDULE WAS MADE TO WORK TO THE BENEFIT OF ALL OF OUR CHAMPION'S FAMILIES. IF YOU HAVE AN ISSUE OR DIFFICULTY WITH CLASS TIMES PLEASE SPEAK TO MASTER FRANK. STUDENTS MUST WEAR FULL UNIFORM TO EVERY CLASS UNLESS OTHERWISE NOTED. PARENTS AND GUESTS ARE ASKED TO PLEASE OBSERVE CLASS QUIETLY SO THAT STUDENTS ARE NOT DISTRACTED BY OUTSIDE NOISE.