

SACHSE VOLLEYBALL

Spring and Summer 2017

CAMPS

- ❖ **Team Camp at SKYLINE SPORTS SHACK by TAV coaching staff (Open to all grade levels)**
Thursday July 27th and Friday July 28th 9:00-1:00 (bring a lunch)
\$90.00 (paid day of the camp with waiver form available at open gyms)
- ❖ **Elite Team Camp at ASC 6:30-9:00 (Coach invite/Varsity only)**
Monday, Tuesday, and Wednesday, July 24, July 25 and July 26
\$60.00 plus a waiver (forms handed out at open gyms)
- ❖ **Freshman Camp at SHS by SHS coaching staff (Incoming 9th grade only)**
July 24th-26th 8:30-12:30 Snack/Lunch Break at 10:30 No Charge

OPEN GYMS- open to all grade levels (practice side)

May 18th, 23th and 30th 4:30-6:00
June 20th and June 27th 5:00-6:30
July 11th, 18th 5:00-6:30

We offer strength and conditioning camp through Performance Course at Sachse High School. It is recommended that you attend. 8:30-10:00am Monday-Thursday. More information is can be found on the website and will be available at open gyms.

TRY-OUTS

Mandatory tryouts will begin August 1ST at 8am. Season officially begins that day and lasts through the end of October if you are selected for a team. Vacations and other appointments should **NOT** be planned after August 1st!

YOU MUST HAVE A PHYSICAL AND PAPERWORK IN RANK ONE COMPLETED TO PARTICIPATE IN CAMP AND/OR TRYOUTS.

You will need to enroll in Volleyball on your class schedule, if you do not make a team, your schedule will be adjusted in August.

For updates throughout the summer it is important to enroll on Sachse Volleyball Summer Remind 101: text @summervb1 to 81010 and check the Sachse website AND you can follow us on twitter @SachseVB.

Any questions please contact Head Coach Rikki Jones
rsjones@garlandisd.net

Updated: 3.28.2017