

Holiday Training for July 2017

Week 1 BRUNSWICK POOL 27 Colebrook Street

Monday July 3rd - 6-8am (National/ State squad)

4.30-6pm EDA state/national

6.00-7.30pm other EDA

Wednesday July 5th - 6-8am (National/ State squad)

4.30-6pm EDA state/national

6.00-7.30pm other EDA

Friday July 7th – 6-8am (National / State squad)

*** NB week 1 training is included in training fees.**

Week 2

Saturday July 8th - Wed July 12th **No Training Mid holiday break**

Thurs 13th – Sat 15th – **Pascoe Vale pool 8 Attercliffe Ave**

Lead in (day) camp for Wangaratta meet. Details to follow.

Sunday 16th July – Bus trip to Wangaratta (Day trip)

Swimmers attending Wangaratta meet need to ensure their entries are submitted via the online portal. (Swimming Victoria website)

Monday 17th July – NO MORNING TRAINING, p.m. as per normal training regime.