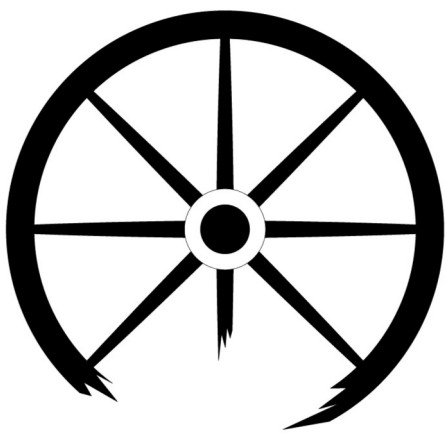




TUAM
CYCLING CLUB

Route C—75km

Main Route: Tuam — Weir Road —
Caherlistrane — Headford —
Corrandulla — Loughgeorge —
Lackagh/Turloughmore —
Abbeyknockmoy — Tuam

Shorter Route: Tuam — Weir Road —
Caherlistrane — Headford —
Corrandulla — Loughgeorge —
Tuam (*approx 55k*)



The Sunday Spin *your Sunday, your way*