

## Meet Results

### Caravel 2016-2017 09-Dec-16 Yards Newark High School [NEWK]

| Time                                                                | F/P/S   | Relay               | Place | Points | Improv |
|---------------------------------------------------------------------|---------|---------------------|-------|--------|--------|
| <b>Event # 1 Women 200 Medley Relay</b>                             |         |                     |       |        |        |
| 2:28.72Y F                                                          | A Relay | Newark High School  | 2     | 4      |        |
| Sophia Talley (SO)                                                  |         | Melli Way (SR)      |       |        |        |
|                                                                     | 38.69   | 1:23.86             |       |        |        |
|                                                                     | (38.69) | (45.17)             |       |        |        |
|                                                                     |         | 1:56.42             |       |        |        |
|                                                                     |         | (32.56)             |       |        |        |
|                                                                     |         | 2:28.72             |       |        |        |
|                                                                     |         | (32.30)             |       |        |        |
| 2:46.32Y F                                                          | B Relay | Newark High School  | 3     | 1      |        |
| Laura Hughes (SO)                                                   |         | Cassie O'Quinn (JR) |       |        |        |
|                                                                     | 42.85   | 1:25.54             |       |        |        |
|                                                                     | (42.85) | (42.69)             |       |        |        |
|                                                                     |         | 2:13.12             |       |        |        |
|                                                                     |         | (47.58)             |       |        |        |
|                                                                     |         | 2:46.32             |       |        |        |
|                                                                     |         | (33.20)             |       |        |        |
| <b>Event # 1 Women 200 Medley Relay - Lead-Off Legs ( 50 Back )</b> |         |                     |       |        |        |
| 38.69Y                                                              | F       | Talley, Sophia      | ---   |        | 0.92   |
| 42.85Y                                                              | F       | Hughes, Laura       | ---   |        | -0.29  |
| <b>Event # 3 Women 200 Free</b>                                     |         |                     |       |        |        |
| 2:31.81Y                                                            | F       | Talley, Sophia      | 1     | 6      | -7.19  |
|                                                                     | 34.62   | 1:13.53             |       |        |        |
|                                                                     | (34.62) | (38.91)             |       |        |        |
|                                                                     |         | 1:53.27             |       |        |        |
|                                                                     |         | (39.74)             |       |        |        |
|                                                                     |         | 2:31.81             |       |        |        |
|                                                                     |         | (38.54)             |       |        |        |
| 2:37.43Y                                                            | F       | Williams, Tess      | 2     | 4      | -2.85  |
|                                                                     | 34.83   | 1:14.45             |       |        |        |
|                                                                     | (34.83) | (39.62)             |       |        |        |
|                                                                     |         | 1:56.34             |       |        |        |
|                                                                     |         | (41.89)             |       |        |        |
|                                                                     |         | 2:37.43             |       |        |        |
|                                                                     |         | (41.09)             |       |        |        |
| 3:19.50Y                                                            | F       | Caton, Rebecca      | 5     | 1      | -10.73 |
|                                                                     | 39.28   | 1:32.85             |       |        |        |
|                                                                     | (39.28) | (53.57)             |       |        |        |
|                                                                     |         | 2:28.54             |       |        |        |
|                                                                     |         | (55.69)             |       |        |        |
|                                                                     |         | 3:21.25             |       |        |        |
|                                                                     |         | (52.71)             |       |        |        |
| <b>Event # 5 Women 200 IM</b>                                       |         |                     |       |        |        |
| 3:16.89Y                                                            | F       | O'Quinn, Cassie     | 3     | 3      | ---    |
|                                                                     | 45.50   | 1:34.27             |       |        |        |
|                                                                     | (45.50) | (48.77)             |       |        |        |
|                                                                     |         | 2:28.98             |       |        |        |
|                                                                     |         | (54.71)             |       |        |        |
|                                                                     |         | 3:16.89             |       |        |        |
|                                                                     |         | (47.91)             |       |        |        |
| 3:23.17Y                                                            | F       | McGay, Erin         | ---   | ---    | 10.15  |
|                                                                     | 46.15   | 1:37.91             |       |        |        |
|                                                                     | (46.15) | (51.76)             |       |        |        |
|                                                                     |         | 2:33.00             |       |        |        |
|                                                                     |         | (55.09)             |       |        |        |
|                                                                     |         | 3:23.17             |       |        |        |
|                                                                     |         | (50.17)             |       |        |        |
| <b>Event # 7 Women 50 Free</b>                                      |         |                     |       |        |        |
| 27.90Y                                                              | F       | Griffin, Imani      | 1     | 6      | -0.01  |
| 38.74Y                                                              | F       | Cutler, Kendra      | 4     | 2      | -2.39  |
| 39.86Y                                                              | F       | Smith, Aubrey       | 5     | 1      | ---    |
| <b>Event # 9 Women 1 Meter 6 Dives</b>                              |         |                     |       |        |        |
| 192.75                                                              | F       | Bedford, Alexis     | 1     | 6      | -19.80 |
| 162.22                                                              | F       | Tims, Carolanne     | 2     | 4      | -13.68 |
| 109.20                                                              | F       | Twardus, Hannah     | 3     | 3      | -7.55  |
| <b>Event # 11 Women 100 Fly</b>                                     |         |                     |       |        |        |
| 1:15.55Y                                                            | F       | Griffin, Imani      | 1     | 6      | 1.59   |
|                                                                     | 34.26   | 1:15.55             |       |        |        |
|                                                                     | (34.26) | (41.29)             |       |        |        |
| 1:36.18Y                                                            | F       | McGay, Erin         | 3     | 3      | -1.00  |
|                                                                     | 46.28   | 1:36.18             |       |        |        |
|                                                                     | (46.28) | (49.90)             |       |        |        |

## Meet Results

### Caravel 2016-2017 09-Dec-16 Yards Newark High School [NEWK]

| Time                                                               | F/P/S Relay                     | Place              | Points              | Improv |
|--------------------------------------------------------------------|---------------------------------|--------------------|---------------------|--------|
| <b>Event # 13 Women 100 Free</b>                                   |                                 |                    |                     |        |
| 1:10.95Y                                                           | F Williams, Tess                | 2                  | 4                   | -1.11  |
|                                                                    | 33.94 1:10.95                   |                    |                     |        |
|                                                                    | (33.94) (37.01)                 |                    |                     |        |
| 1:12.22Y                                                           | F Way, Melli                    | 4                  | 2                   | 3.82   |
|                                                                    | 34.55 1:12.22                   |                    |                     |        |
|                                                                    | (34.55) (37.67)                 |                    |                     |        |
| 1:34.20Y                                                           | F Folk, Elizabeth               | 5                  | 1                   | -9.49  |
|                                                                    | --- 1:34.20                     |                    |                     |        |
|                                                                    | --- (1:34.20)                   |                    |                     |        |
| <b>Event # 15 Women 500 Free</b>                                   |                                 |                    |                     |        |
| 6:41.01Y                                                           | F Talley, Sophia                | 1                  | 6                   | -2.27  |
|                                                                    | 35.05 1:14.46 1:54.68 2:35.51   |                    |                     |        |
|                                                                    | (35.05) (39.41) (40.22) (40.83) |                    |                     |        |
|                                                                    | 3:15.63 3:56.25 4:37.58 5:19.16 |                    |                     |        |
|                                                                    | (40.12) (40.62) (41.33) (41.58) |                    |                     |        |
|                                                                    | 6:01.29 6:41.01                 |                    |                     |        |
|                                                                    | (42.13) (39.72)                 |                    |                     |        |
| 8:49.01Y                                                           | F Hughes, Laura                 | 3                  | 3                   | 13.31  |
|                                                                    | 46.34 1:38.84 2:32.64 3:26.41   |                    |                     |        |
|                                                                    | (46.34) (52.50) (53.80) (53.77) |                    |                     |        |
|                                                                    | 4:21.37 5:16.87 6:11.58 7:07.32 |                    |                     |        |
|                                                                    | (54.96) (55.50) (54.71) (55.74) |                    |                     |        |
|                                                                    | 8:02.04 8:49.01                 |                    |                     |        |
|                                                                    | (54.72) (46.97)                 |                    |                     |        |
| <b>Event # 17 Women 200 Free Relay</b>                             |                                 |                    |                     |        |
| 2:23.55Y F                                                         | A Relay Newark High School      | 2                  | 4                   |        |
| Erin McGay (SO)                                                    | Laura Hughes (SO)               | Rebecca Caton (SR) | Cassie O'Quinn (JR) |        |
|                                                                    | 36.81 1:15.45 1:53.23 2:23.55   |                    |                     |        |
|                                                                    | (36.81) (38.64) (37.78) (30.32) |                    |                     |        |
| 2:41.22Y F                                                         | B Relay Newark High School      | 3                  | 2                   |        |
| Elizabeth Folk (FR)                                                | Xeniyah Grinnage-Ogu (SR)       | Kendra Cutler (JR) | Aubrey Smith (JR)   |        |
|                                                                    | 42.51 1:24.41 2:01.78 2:41.22   |                    |                     |        |
|                                                                    | (42.51) (41.90) (37.37) (39.44) |                    |                     |        |
| <b>Event # 17 Women 200 Free Relay - Lead-Off Legs ( 50 Free )</b> |                                 |                    |                     |        |
| 36.81Y                                                             | F McGay, Erin                   | ---                | ---                 | -0.91  |
| 42.51Y                                                             | F Folk, Elizabeth               | ---                | ---                 | -2.08  |
| <b>Event # 19 Women 100 Back</b>                                   |                                 |                    |                     |        |
| 1:25.15Y                                                           | F Way, Melli                    | 2                  | 4                   | 4.03   |
|                                                                    | 41.28 1:25.15                   |                    |                     |        |
|                                                                    | (41.28) (43.87)                 |                    |                     |        |
| 1:34.18Y                                                           | F Hughes, Laura                 | 3                  | 3                   | -3.94  |
|                                                                    | 46.11 1:34.18                   |                    |                     |        |
|                                                                    | (46.11) (48.07)                 |                    |                     |        |
| 2:28.64Y                                                           | F Grinnage-Ogu, Xeniyah         | 6                  | ---                 | ---    |
|                                                                    | 59.55 2:28.64                   |                    |                     |        |
|                                                                    | (59.55) (1:29.09)               |                    |                     |        |

## Meet Results

### Caravel 2016-2017 09-Dec-16 Yards Newark High School [NEWK]

#### Event # 21 Women 100 Breast

|          |   |                 |   |   |        |
|----------|---|-----------------|---|---|--------|
| 1:35.94Y | F | O'Quinn, Cassie | 2 | 4 | -0.29  |
| 45.00    |   | 1:35.94         |   |   |        |
| (45.00)  |   | (50.94)         |   |   |        |
| 1:55.69Y | F | Cutler, Kendra  | 4 | 2 | -14.31 |
| 55.00    |   | 1:55.69         |   |   |        |
| (55.00)  |   | (1:00.69)       |   |   |        |

#### Event # 23 Women 400 Free Relay

|                     |           |                    |                    |                           |  |
|---------------------|-----------|--------------------|--------------------|---------------------------|--|
| 4:40.20Y F          | A Relay   | Newark High School | 1                  | 8                         |  |
| Melli Way (SR)      |           | Sophia Talley (SO) | Tess Williams (SO) | Imani Griffin (SR)        |  |
| 34.35               | 1:13.61   | 1:46.83            | 2:23.86            |                           |  |
| (34.35)             | (1:13.61) | (33.22)            | (1:10.25)          |                           |  |
| 2:56.79             | 3:34.46   | 4:05.64            | 4:40.20            |                           |  |
| (32.93)             | (1:10.60) | (31.18)            | (1:05.74)          |                           |  |
| 6:30.34Y F DQ       | B Relay   | Newark High School | ---                | ---                       |  |
| Elizabeth Folk (FR) |           | Rebecca Caton (SR) | Aubrey Smith (JR)  | Xeniyah Grinnage-Ogu (SR) |  |
| ---                 | 1:33.99   | 2:13.32            | 3:01.69            |                           |  |
| ---                 | (1:33.99) | (39.33)            | (48.37)            |                           |  |
| 3:43.33             | 4:32.79   | 5:23.30            | 6:30.34            |                           |  |
| (41.64)             | (49.46)   | (50.51)            | (1:07.04)          |                           |  |

#### Event # 23 Women 400 Free Relay - Lead-Off Legs ( 100 Free )

|          |   |                 |     |     |       |
|----------|---|-----------------|-----|-----|-------|
| 1:13.61Y | F | Way, Melli      | --- | --- | 5.21  |
| 1:33.99Y | F | Folk, Elizabeth | --- | --- | -9.70 |