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Year Book Purpose Statement

The 2020 Gymnastics Victoria Year Book is produced each year and is provided to clubs and technical members, setting out the annual rules that govern gymnastics in Victoria in 2020.

The Year Book is also now available online at www.gymnasticsvictoria.org.au

This booklet version is available to all clubs and technical members and is correct as at January 2020. For any updates please visit the Gymnastics Victoria website for the latest information.

All of the staff at Gymnastics Victoria are here to assist you. If you require anything at all please contact our office on 9005 4700.
# Affiliated Clubs and Membership Numbers

(as of 31 December 2019)

<table>
<thead>
<tr>
<th>Club Name</th>
<th>Membership Number</th>
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<td>Athleta Gymnastics</td>
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<tr>
<td><strong>Total Membership 2019</strong></td>
<td><strong>62,301</strong></td>
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</table>

**School-Only Providers**

- Aeroactive
- Ashleigh Brennan - Inspired by Gymnastics
- Gymnastics 4 Hire
- Head Over Heels Gymnastics
- Melbourne Sports Institute
- Proactivity Pty Ltd
- Triskills Hawthorn
**List of Abbreviations**

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
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<tbody>
<tr>
<td>ACR</td>
<td>Acrobatic Gymnastics</td>
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<tr>
<td>AER</td>
<td>Aerobic Gymnastics</td>
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<tr>
<td>CEO</td>
<td>Chief Executive Officer</td>
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<tr>
<td>CoP</td>
<td>Code of Points</td>
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<tr>
<td>DMT</td>
<td>Double Mini Tramp</td>
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<tr>
<td>FIG</td>
<td>Fédération Internationale de Gymnastique</td>
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<tr>
<td>GFA</td>
<td>Gymnastics for All</td>
</tr>
<tr>
<td>GA</td>
<td>Gymnastics Australia</td>
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<td>GV</td>
<td>Gymnastics Victoria</td>
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<td>HPC</td>
<td>High Performance Centre</td>
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<td>IS</td>
<td>International Stream</td>
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<td>ISG</td>
<td>Inter School Gymnastics</td>
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<td>KG</td>
<td>Kindergym</td>
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<td>LAT</td>
<td>Level Award Test</td>
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<td>MAG</td>
<td>Men’s Artistic Gymnastics</td>
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<td>MIG</td>
<td>Managing Inclusion in Gymnastics</td>
</tr>
<tr>
<td>MRC</td>
<td>Managing Risks of Coaching</td>
</tr>
<tr>
<td>NLP</td>
<td>National Levels Program</td>
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<tr>
<td>RG</td>
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<td>TD</td>
<td>Technical Director</td>
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<td>VMAGJA</td>
<td>MAG Judges Association</td>
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<td>WAG</td>
<td>Women’s Artistic Gymnastics</td>
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</table>
Partners, Sponsors and Suppliers

MAJOR PARTNERS

MAJOR COMMUNITY PARTNERS

COMMUNITY PARTNERS

PREFERRED SUPPLIERS

PARTNERS
Business

1. Gymnastics Victoria State Office
   The Head Office of Gymnastics Victoria is situated at:
   Melbourne Polytechnic (Swinburne University)
   Building G, 158 High Street,
   Prahran, VIC 3181.
   Postal Address: PO Box 350, Prahran, VIC 3181.

   Telephone:   03 9005 4700.
   Email:       info@gymnasticsvictoria.org.au
   Website:     www.gymnasticsvictoria.org.au

2. Correspondence to Officials
   Correspondence can be addressed to the GV Office.

3. Statement of Purpose of Gymnastics Victoria
   3.1 The Purposes of Gymnastics Victoria:
   The Objects for which the Association is established are to:
   a) encourage, develop, promote and control gymnastics in Victoria;
   b) establish and maintain uniform code of rules and regulations to govern gymnastics in Victoria;
   c) encourage community health and welfare by ensuring gymnastics is accessible to all;
   d) facilitate co-operation between members of the Association and external organisations, bodies and individuals;
   e) offer for the conduct, encouragement, promotion and administration of Gymnastics activities for the mutual and collective benefit of the members;
   f) be the GA Association member in Victoria;
   g) affiliate with organisations and any other bodies to further the purposes of the Association;
   h) promote, manage and control Victorian gymnastics activities and to assist GA to promote, manage and control national and international gymnastics activities held in Victoria;
   i) strive for government, commercial and public recognition of the Association, the members and gymnastics; and
   j) undertake everything necessary for the advancement of these Objects.

4. Constitution of Gymnastics Victoria
   A copy of the Constitution of Gymnastics Victoria is available on the Gymnastics Victoria website.

5. Official Forms
   All entries, registrations, applications, etc. must be fully completed with all details on the appropriate forms and accompanied by payment of the full amount.

   GV Master Forms are available on the website.
6. **GV Fee Structure**

All fees in this Year Book are subject to change if the insurance premium increases. Such increases will be passed on to affiliation & registration fees.

### 6.1 Affiliation

<table>
<thead>
<tr>
<th>Description</th>
<th>Fee</th>
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<td>New club (first year)</td>
<td>$272.50</td>
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<tr>
<td>Club Affiliation (sporting schools)</td>
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<tr>
<td>Club Affiliation (0-50 Members)</td>
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<tr>
<td>Club Affiliation (&gt;50 Members)</td>
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<tr>
<td>Public Liability and Professional Indemnity Insurance</td>
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- Affiliations include access to GOL and APRA and PPCA Licences
- Note: APRA and PPCA licenses allows you to play music in your gym
- Access to GOL Licenses
- All amounts above are inclusive of GST

### 6.2 Registrations

<table>
<thead>
<tr>
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<td>Athletes – Recreational</td>
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<td>Athletes – Competitive</td>
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<td>Athletes 5 years and under – Kindergym</td>
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<td>Athletes – Pro-rata (new members after 1 October)</td>
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<td>School – Only Providers 0-5 Schools</td>
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<td>School – Only Providers 6-15 Schools</td>
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<td>School – Only Providers 16 and above Schools</td>
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<td>Coaches only</td>
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<td>Judge Only</td>
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<td>Junior Judge <em>(Under 18 as of 1st January 2020)</em></td>
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<td>Beginner Level Judge Only</td>
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<td>Members – Independent</td>
<td>$80.00</td>
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- All amounts above are inclusive of GST
- Fees are calculated based on member numbers in 2019 (where a club has an increase in members in 2020 they can reinvest that money back into the club)
- Competitive athletes include any athletes seeking eligibility to compete at a GV organised or planned event (i.e. State Championships, State Pennant Events, State Team Trials, State Championship qualifiers, LAT status events)
- 5 and under means – athletes aged 5 years of age or under on 30 April in the year of calculation
- The default option for paying registrations will be for clubs to be invoiced 4 times throughout the year based on their prior year registered member numbers
- The reconciliation option for paying registrations will be for clubs to be invoiced 4 times throughout the year based on their forecast registered member numbers and reconciled on actual numbers at year end (applies to new clubs and upon club or GV request)

Coach & Judge (Technical Member) Registration includes professional indemnity, public liability & personal accident cover for a club approved, Gymnastics Victoria approved or Gymnastics Australia approved activity or activities conducted under the auspices of a registered education institution such as a primary, secondary or Government approved post-secondary institutions.
**6.3 Competition Fees**

* Denotes $10.00 State Team Contribution to assist with part subsidising coaches and officials

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<th>Event Description</th>
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<td></td>
<td>Fusion FX (Non-Registered Gymnasts – per individual)</td>
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<td>TeamGym Victorian Championships (per individual)</td>
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<td>Gymstar Showcase Event</td>
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<td>Ninja Showcase Event</td>
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<td>LAT as part of an invitational (required within 12 working days of completion or a $100 surcharge applies)</td>
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<td>Selection Trial</td>
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<td>Junior Victorian Championships Levels 1-4 (Final)</td>
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<td>Victorian Championships Level 5-6 (1 day)</td>
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<td>Victorian Championships Levels 7-Snr (2 days)</td>
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<td></td>
<td>MAG Apparatus Specialists competing 2 or fewer apparatus (per event)</td>
<td>$69.00</td>
</tr>
<tr>
<td>WAG</td>
<td>LAT as part of an invitational (required within 12 working days of completion or a $100 surcharge applies)</td>
<td>$33.00</td>
</tr>
<tr>
<td></td>
<td>Selection Trial</td>
<td>$83.00</td>
</tr>
<tr>
<td></td>
<td>Selection Trial (2 days – Future International)</td>
<td>$102.00</td>
</tr>
<tr>
<td></td>
<td>Victorian Championships</td>
<td>$115.00</td>
</tr>
<tr>
<td></td>
<td>Victorian Championships (2 days – Future International)</td>
<td>$131.00</td>
</tr>
<tr>
<td></td>
<td>Gymnastics Teams Spectacular</td>
<td>$30.00</td>
</tr>
<tr>
<td></td>
<td>Junior Victorian Regional Championships/Qualifier</td>
<td>$83.00</td>
</tr>
<tr>
<td></td>
<td>Junior Victorian Championships (6-7)</td>
<td>$89.00</td>
</tr>
<tr>
<td></td>
<td>Junior Victorian Championships (4-5)</td>
<td>$89.00</td>
</tr>
<tr>
<td></td>
<td>Level 3 Victorian Club Championships</td>
<td>$83.00</td>
</tr>
<tr>
<td></td>
<td>WAG Apparatus Specialists competing 2 or fewer apparatus (per event)</td>
<td>$69.00</td>
</tr>
<tr>
<td>RG</td>
<td>LAT as part of an invitational (required within 12 working days of completion or a $100 surcharge applies)</td>
<td>$33.00</td>
</tr>
<tr>
<td></td>
<td>Selection Trial (Individual)</td>
<td>$83.00</td>
</tr>
<tr>
<td></td>
<td>Selection Trial (Groups – per Athlete per routine if not already entered as an individual)</td>
<td>$28.00</td>
</tr>
<tr>
<td></td>
<td>Senior Victorian Championships (per Athlete)</td>
<td>$89.00</td>
</tr>
<tr>
<td></td>
<td>Intermediate Victorian Championships (per Athlete)</td>
<td>$89.00</td>
</tr>
<tr>
<td></td>
<td>Junior Victorian Championships (per Athlete )</td>
<td>$89.00</td>
</tr>
<tr>
<td></td>
<td>Victorian Multiples Championships (per Athlete per routine)</td>
<td>$33.00</td>
</tr>
<tr>
<td></td>
<td>Secondary RG Schools (per individual)</td>
<td>$31.00</td>
</tr>
<tr>
<td>AER</td>
<td>Selection Trial</td>
<td>$72.00</td>
</tr>
<tr>
<td></td>
<td>Selection Trial (Groups – per Athlete if not already entered as an individual)</td>
<td>$28.00</td>
</tr>
<tr>
<td></td>
<td>Senior Victorian Championships (per Athlete) (Club)</td>
<td>$89.00</td>
</tr>
<tr>
<td></td>
<td>Victorian Championships (per Athlete) (Stadium)</td>
<td>$115.00</td>
</tr>
<tr>
<td></td>
<td>Victorian Championships (Groups – per Athlete if not already entered as an individual)</td>
<td>$33.00</td>
</tr>
<tr>
<td></td>
<td>AeroSchools (per team)</td>
<td>$103.00</td>
</tr>
<tr>
<td></td>
<td>AeroSchools (level 1 large team)</td>
<td>$31.00</td>
</tr>
</tbody>
</table>
**TRP**

<table>
<thead>
<tr>
<th>Event</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Victorian Championships Age or International Stream</td>
<td>$115.00*</td>
</tr>
<tr>
<td>Victorian Levels All Stars</td>
<td>$83.00</td>
</tr>
</tbody>
</table>

**ACR**

<table>
<thead>
<tr>
<th>Event</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>LAT as part of an invitational (required within 12 working days of completion or a $100 surcharge applies)</td>
<td>$33.00</td>
</tr>
<tr>
<td>Selection Trial</td>
<td>$83.00*</td>
</tr>
<tr>
<td>Senior Victorian Championships</td>
<td>$115.00*</td>
</tr>
<tr>
<td>Junior Victorian Championships</td>
<td>$89.00</td>
</tr>
<tr>
<td>Victorian State Challenge</td>
<td>$89.00</td>
</tr>
<tr>
<td>Secondary Acro Schools (per individual)</td>
<td>$31.00</td>
</tr>
</tbody>
</table>

**SCHOOL EVENTS**

<table>
<thead>
<tr>
<th>Event</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Secondary Inter School Gymnastics (per individual) MAG, WAG, RG, ACR</td>
<td>$31.00</td>
</tr>
<tr>
<td>Primary Inter School Gymnastics (per individual)</td>
<td>$21.00</td>
</tr>
<tr>
<td>AeroSchools (per team)</td>
<td>$103.00</td>
</tr>
<tr>
<td>AeroSchools (level 1 large team)</td>
<td>$31.00</td>
</tr>
</tbody>
</table>

*All amounts above are inclusive of GST*

### 6.4 Judging Honorariums for MAG/WAG/RG/TRP/ACR GV Tier 1 and Tier 2 Events

Judges will receive an honorarium dependent on their qualification, not the event.

<table>
<thead>
<tr>
<th>Qualification</th>
<th>per session</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beginner</td>
<td>$38.00</td>
</tr>
<tr>
<td>Intermediate</td>
<td>$51.00</td>
</tr>
<tr>
<td>Intermediate Bronze</td>
<td>$53.00</td>
</tr>
<tr>
<td>Advanced</td>
<td>$57.00</td>
</tr>
<tr>
<td>Advanced Silver</td>
<td>$59.00</td>
</tr>
<tr>
<td>FIG</td>
<td>$64.00</td>
</tr>
</tbody>
</table>

A session must not be less than 3.5 hrs or pro rata payments will apply.

In order to receive payment the following must be adhered to:

- **Judges need to be qualified at the appropriate level and be currently registered with Gymnastics Australia/Gymnastics Victoria.**
- **Where it is necessary for judges to officiate for their clubs in country areas or interstate, their club should cover judges’ accommodation and travel expenses.**
- **Judge all sessions as required by the appropriate Judging Coordinator.**
- **Qualified judges acting as a secretary shall be paid the base rate per session, regardless of qualification.**
- **Judges must sign the Judges’ Register by the end of each event. No retrospective payments will be made.**
- **Judges must provide their banking details to allow GV to make bank transfers of the honorariums. Payments unable to be paid within 6 months will be forfeited.**
6.5 **AER Judging Honorariums for GV Events**

Judges will receive an honorarium dependent on their qualification, not the event.

<table>
<thead>
<tr>
<th>Qualification</th>
<th>per session</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beginner</td>
<td>$54.25</td>
</tr>
<tr>
<td>Intermediate</td>
<td>$73.50</td>
</tr>
<tr>
<td>Intermediate Bronze</td>
<td>$80.50</td>
</tr>
<tr>
<td>Advanced</td>
<td>$87.50</td>
</tr>
<tr>
<td>Advanced Silver</td>
<td>$98.00</td>
</tr>
<tr>
<td>FIG</td>
<td>$105.00</td>
</tr>
</tbody>
</table>

A session must not be less than 3.5 hrs or pro rata payments will apply.

In order to receive payment the following must be adhered to:

- Judges need to be qualified at the appropriate level and be currently registered with Gymnastics Australia/Gymnastics Victoria.
- Where it is necessary for judges to officiate for their clubs in country areas or interstate, their club should cover judges’ accommodation and travel expenses.
- Judge all sessions as required by the appropriate Judging Coordinator.
- Qualified judges acting as a secretary shall be paid the base rate per session, regardless of qualification.
- Judges must sign the Judges’ Register by the end of each event. No retrospective payments will be made.
- Judges must provide their banking details to allow GV to make bank transfers of the honorariums. Payments unable to be paid within 6 months will be forfeited.

6.6 **Gymstar Gymnastics Judging Honorariums for GV Events**

<table>
<thead>
<tr>
<th>Qualification</th>
<th>per session</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gymstar Gymnastics Judge</td>
<td>$70</td>
</tr>
</tbody>
</table>

A session must not be less than 3.5 hrs or pro rata payments will apply.

In order to receive payment the following must be adhered to:

- Judges need to be qualified at the appropriate level and be currently registered with Gymnastics Australia/Gymnastics Victoria.
- Where it is necessary for judges to officiate for their clubs in country areas or interstate, their club should cover judges’ accommodation and travel expenses.
- Judge all sessions as required by the appropriate Judging Coordinator.
- Qualified judges acting as a secretary shall be paid the base rate per session, regardless of qualification.
- Judges must sign the Judges’ Register by the end of each event. No retrospective payments will be made.
- Judges must provide their banking details to allow GV to make bank transfers of the honorariums. Payments unable to be paid within 6 months will be forfeited.
6.7 Sanctioned Invitationals – Judging Honorariums
All clubs and organisations hosting sanctioned Invitationals must provide honorariums to judges as per point above except for TRP and RG which will be a minimum of $20 per session.

6.8 Outstanding Payments
Clubs with any outstanding payments will not have entries accepted into any GV event until payment is made.

7. Registration Information
7.1 Technical Members
All Technical Members are registered via GA. Coaches and judges may be registered with more than one discipline but only one registration fee shall be paid.
All Technical Member registrations are payable to Gymnastics Australia.

‘Beginner’ level Judges pay less for their National Accreditation as they are not permitted to judge outside of the state.

All judge registrations from Intermediate Level are the same fee.

Technical Members must complete the Managing Inclusion in Gymnastics (MIG) and Managing Risks in Coaching (MRC) in order to register in the year after they gain their accreditation.

7.2 Athletes
A registered member who practices more than one discipline may join a different club for each discipline in which they are involved where approved by Gymnastics Victoria. They pay only one registration fee with their primary club. It is the responsibility of the second club to complete the Multi-club Registration Form and submit this to GA.

Please note: A registered member may not compete for more than one club in the same Gymsport.

All registrations are void at the end of the calendar year. All members have the right to transfer from club to club. Transfers are requested and processed via the GOL. Interstate Athletes must also submit a club transfer application to GA. Athletes cannot compete until the transfer is completed and any outstanding fees are up to date.

8. GV/GA Policies
For a full list of Gymnastics Victoria’s policies please visit http://vic.gymnastics.org.au/VIC/About_Us/Policies/
9. **Gymnastics Victoria’s Commitment to Child Safety**

Gymnastics Victoria (GV) is committed to promoting and protecting the interests and safety of all children and young people and has zero tolerance for child abuse which includes anything that compromises the health and well-being of children. Everyone involved with Gymnastics Victoria, its affiliated clubs, committees and activities are responsible for the care and protection of children under 18. This includes reporting information about child abuse to the relevant authority. The GV Child Safe Policies can be found on the website [here](#).

10. **Codes of Behaviour**

Please read the Codes of Behaviour available on the GV website [here](#).

**KEEPING GYMNASTICS FUN AND SAFE**

- **A community** – where people can feel connected to friends and family.
- **A fun place** – where the emphasis is on enjoyment.
- **A safe physical environment** – the right equipment, first aid and safe buildings.
- **A safe social environment** – where a club has policies and practices that are inclusive, tolerant and welcoming for all Athletes (including people with disabilities, indigenous and/or from culturally diverse backgrounds).
The information published in the following section shall remain in force for the current year to December 31. Information contained herein is discipline-specific, and as such should be read in conjunction with and as part of the following documents (where applicable):

- The Technical Statutes
- National Program Manuals/Technical Regulations
- Code of Points
- The Constitution of Gymnastics Victoria
- The Business section of this Year Book
- The Events Handbook
- The GV website

Technical Updates are provided on the Gymnastics Victoria website and in the monthly Technical Bulletin.

Victoria is part of the National MAG system and follows the leadership of the National program, however in order to maximise participation and create clear pathways for all athletes some modifications have been made.

In the event of a conflict between these regulations and any others, the MAG Technical Committee shall be the arbitrator. If such a ruling is required, the Committee shall notify the membership of such decisions and any subsequent changes via the Bulletin.

1. MAG Technical Committee
   The Victorian MAG Technical Committee is the advising body for the technical rules of the sport in Victoria.
   Important email contacts:
   Men’s Technical Committee – magtc@gymnasticsvictoria.org.au
   Victorian MAG Judges Association – vmagia@gmail.com

2. Working with Children Check
   It is Gymnastics Victoria policy and a legal standard to sight a current, valid Working with Children Check (WWCC) or Victorian Institute of Teachers (VIT) card from all coaches, judges, officials, vendors and volunteers at all Gymnastics Victoria competitions.

   At all Gymnastics Victoria events:
   - All coaches, judges, officials, vendors and volunteers are required to present themselves to an authorised person with their current and valid WWCC or VIT card (and photo ID) and complete the sign in sheet per day of competition prior to access to the field of play;
   - It is a requirement for coaches and judges to include their Technical Membership number when signing in;
   - Coaches, judges, officials, vendors and volunteers must be easily identifiable on the field of play by means of either a wrist band or stamp to ensure they have presented their WWCC or VIT; and
   - WWCC and VIT cards must be presented visually. A number alone is not sufficient, however a clear photograph of the card (on a mobile phone or similar) will satisfy the requirement. Persons under 18 are not required to have a WWCC, however it is highly recommended.
   - Personnel required to present their WWCC are encouraged to take an image of the front and back of their card in case of misplaced/lost WWCC card.
Coaches, judges, officials, vendors and volunteers unable to provide a current and valid WWCC or VIT card at all 2020 GV Events or other events will NOT be permitted access to the field of play or to continue in their role at the event, and will NOT be eligible to receive updating points or a judge honorarium.

Coaches and judges must sign in with their current and valid WWCC or VIT card and their current Technical Membership number in order to receive updating points and payment (where required). Where a person has not included this information on the sign in sheet, they will not receive updating points or payment.

3. **Coaches**

Please be aware that all Coaches are bound by the Gymnastics Victoria Codes of Behaviour, Child Protection Code of Conduct and Child Safe and Child Friendly Policy.

Coaches should refer to the National Program manual and/or the Code of Points. There are some requirements for coaches which are not stipulated in the manual. The Technical Committee strongly urges coaches to read the Manual, this Year Book and the Events Handbook before entering any event.

All coaches on the floor at official competitions must have current GV/GA registration and correct MAG accreditation. Coaches should ensure they can provide details of their Technical Membership number at all events. Failure to do so or being unregistered will result in removal from the competition floor. If a replacement coach from the same club is unavailable, gymnasts may not be able to participate in the competition.

A maximum of 2 registered coaches per team will be permitted on the competition floor.

Coaches must be appropriately dressed in club tracksuit or uniform (respectable shorts in keeping with club colours are allowed). Incorrect attire will be referred to the TC and result in a written warning. A request for correct attire will also be sent to the coach’s club and failure to comply at future competitions will result in the coach’s removal from the competition floor.

Coaches are responsible for the efficient and equal allocation of warm up time for their gymnasts.

Coaches are responsible for training their gymnasts in gymnastic etiquette and to behave with a sporting and cooperative manner during competition.

At levels 1 and 2, coaches will be permitted to talk to their gymnast while they are competing with no penalty.

Coaches may not leave or communicate with any person off the competition floor once the competition has commenced, without the approval of the Floor Manager, Jury Judge or Head Apparatus Judge.

Coaches have the right to inquire about the evaluation of the content of the exercise of their gymnast only (D Score only). This may be directed to the Apparatus Head Judge or Jury Judge, but must be done in a calm and respectful manner. A review of a difficulty score may take place if cameras are provided by the TC. A discussion regarding the execution of the routine may take place at the discretion of the Apparatus Head Judge in the interest of improving gymnast performance.
Coaches must not act in an intimidating or un-sporting manner. Un-sporting behaviour towards judges, gymnasts, or officials will incur the following consequences:

1. **First Warning**  
   Verbal warning from Head Judge on any panel, Jury Judge or Floor Manager.

2. **Second Warning**  
   YELLOW CARD – Coach notified by Jury Judge and Floor Manager.

3. **Third Warning**  
   RED CARD – Coach is removed from the competition floor.

**Note:**
- If there is no other club coach available for the gymnasts, the red carded coach may remain on the competition floor in fairness for the gymnasts as per Article 3.3 in the 2017-2020 Code of Points. However, the offending coach will then be ineligible for accreditation for the next GV sanctioned event their gymnasts enter. If the coach continues their un-sporting behaviour, they will then be removed from the floor as well as the gymnasts.
- Abusive behaviour towards judges, gymnasts or officials will incur an automatic red card as per Article 3.3 in the 2017-2020 Code of Points, with no additional warnings, and the Coach will be removed from the competition floor.
- These penalties will be upheld throughout the entirety of the competition and any coach removed due to a red card may not attend any following sessions for that event.

Un-sporting behaviours, in addition to the above carding, will be referred to the TC, GV CEO and possibly the GV Board for further action which may include, but is not limited by the following:

- Incur a penalty of $220.00 on either the coach or club
- Be banned from future competitions for a period of time
- Apologise to the offended parties
- Disqualification from membership to any State Team
- Or any other reasonable and appropriate sanction

The offender has the right of appeal as provided by the Association.

**4. Judges**

Please be aware that all Coaches are bound by the Gymnastics Victoria Codes of Behaviour, Child Protection Code of Conduct and Child Safe and Child Friendly Policy.

**4.1 Qualifications**

Judges must register with Gymnastics Australia each year. All judges are required to re-qualify each cycle (if applicable). All judges must complete the ‘Managing the Risks of Coaching’ (MRC) and ‘Managing Inclusion in Gymnastics’ (MIG) online courses with GA to qualify as a judge. Judges must gain appropriate updating points each year to maintain qualification (refer to GV Website/Education Section).

**4.2 Responsibilities**

The Code of Points has several articles pertaining to the conduct of judges. All judges on the floor at official competitions must be registered and appropriately accredited to judge at the level being conducted. Judges are required to act in a professional manner and according to the code of conduct. Where breaches occur, the matter will be referred to the TC for appropriate action. In cases of serious breach, this action may be immediate. The TC will deliberate on the claim and may impose a fine, suspension or both. As with all actions, the offender has the right of appeal as per the GV Constitution. Serious breaches will be referred to the GV CEO.
4.3 Etiquette

4.3.1 Dress

Judges must wear the correct attire, as per the Code of Points:

- Grey slacks (NOT jeans).
- Dark grey skirt is optional for women.
- Pale blue or plain white shirt.
- Plain white blouse is optional for women.
- Navy Blazer and/or navy jumper.
- Ties are to be of a conservative nature suitable for a gymnastics competition.
- Appropriate dark coloured footwear (NO high heels).
- During summer, corresponding dress shorts and short sleeve shirts may be worn.

4.4 Club Requirements

To promote judge development and improve competition performance, clubs are responsible for providing a judge (of appropriate level) for every team, or part thereof, that they enter into a competition at all events.

Clubs are responsible for nominating judges for all competitions in which they participate and the judges should be listed on the competition entry form. The competition entry forms should advise the host club; where clubs are not able to supply a judge, their entries are provisional on approval from the Judging Coordinator or Assistant Judging Coordinator. Clubs should request this approval at the time of submission of their competition entry form. Competition organizers should liaise with the Judging Coordinator/Assistant Judging Coordinator regarding this approval. If a club needs assistance in finding a judge to represent their club or approval from the Judging Coordinator/Assistant Judging Coordinator, please contact mailto:vmagja@gmail.com.

Where clubs fail to supply appropriate level judges, a judging fee will be calculated by the Judging Coordinator/Assistant Judging Coordinator at a rate of $300 per session per missing judge.

As judging is becoming more technical, it is in the club’s best interest to encourage gymnasts to become judges. The VMAGJA is in a position to assist clubs and judges with this process.

For all metropolitan LAT sanctioned events, judging panels will be organised by the VMAGJA. A copy of all MAG entries must be sent to the VMAGJA email - vmagja@gmail.com with the nominated judge that the Club has confirmed to be available. They will then be put on the roster for the session that the club they represent has entered.

Regional LAT sanctioned events may request the assistance of the Judging Coordinator/Assistant Judging Coordinator or must submit Judging roster for approval.

For all LAT sanctioned events, a minimum of 2 judges per panel is required.
4.4.1 Club Responsibility
Clubs must have registered and accredited judges at the required Level to judge for all competitive gymnasts in their club. Fulfilling these requirements will enable the club gymnasts to compete in GV events.

Each club is required to nominate a judge (at an appropriate accreditation level or higher) for an equivalent number of sessions for which the club has athletes entered, in each competition. For example, if a club has athletes entered into 2 sessions of a competition, they will be required to provide an appropriately qualified judge for 2 sessions of that competition in accordance with the club judge provision ratio outlined below.

4.4.2 Club Judge Provision Ratio
Each club must nominate ONE (1) appropriately qualified judge for every ONE (1) to SIX (6) gymnasts entered into each session. If a club has more than SIX (6) gymnasts entered into any session, they will be required to provide additional appropriately qualified judges for that session to the same ratio (1 judge per 1-6 athletes).

Each Club will be required to nominate the judge representing their club for each session (in accordance with the required judge provision ratio) on the Competition entry form.

4.4.3 Judge Fee

<table>
<thead>
<tr>
<th>Scenario</th>
<th>VMAGTC Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Judge provided</td>
<td>If a club does not supply a judge or arrange a proxy judge (in accordance with the required club judge provision ratio), a fine of $200 for each required judge will be incurred for each session the judge provision ratio is not met.</td>
</tr>
<tr>
<td>Judge provided but fails to attend</td>
<td>If a club’s nominated judge fails to attend the competition for the required sessions, or becomes unavailable throughout the competition without providing a suitable replacement, the club will be issued with the $200 fine as outlined above, plus a $100 administrative charge.</td>
</tr>
<tr>
<td>Unreasonable circumstances</td>
<td>Both charges may be waived by the Judging Coordinator/Assistant Judging Coordinator where circumstances are such that it would be unreasonable to impose the fees.</td>
</tr>
</tbody>
</table>
4.4.4 Proxy Judge

Clubs may contact the Judging Coordinator/Assistant Judging Coordinator via vmagja@gmail.com to assist in sourcing an independent judge for events. It the responsibility of the club to organise and ensure the independent judge is available and attends as proxy judge on behalf of your club.

4.4.5 Exemptions

- Clubs in their first year of competition within MAG will be exempt from supplying a judge until after the first relevant judges’ course has been run.
- Judge in training (i.e. a judge who is enrolled in and has paid for the next judge’s course. If not paid and enrolled then the Waiver will be revoked and fines applied accordingly).
- A judging waiver may be approved by the Judging Coordinator/Assistant Judging Coordinator.

4.4.6 Judging Rosters

Gymnastics Victoria and the MAG TC is responsible for rostering judges for Tier 1 and 2 events. This is also for metropolitan LAT sanctioned events.

Regional LAT sanctioned events may request the assistance of the Judging Coordinator/Assistant Judging Coordinator or must submit a Judging roster for approval.

For all LAT sanctioned events, a minimum of 2 judges per panel is required.

4.4.7 Club Judge not rostered on the panel

Clubs must meet the Club Judge Provision Requirements as outlined however from time to time nominated Judges may not always be required and may not be placed on judging panels for each session the Club has athletes entered. If a Club has fulfilled their requirements under the policy by nominating and making available the correct number of appropriately qualified judges, the Club will not receive a fine if their nominated judge is not appointed to a panel for a session.

4.5 Victorian MAG Judges Association (VMAGJA)

The VMAGJA was established in 2007. It was designed to develop and maintain professional standards in MAG judging.

4.5.1 Victorian Championships, Trials & Qualifiers

As per Section 4.4.
### 4.5.2 Judge accreditation and which ALP levels they can judge

<table>
<thead>
<tr>
<th></th>
<th>D-Jury</th>
<th>E-Jury</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Beginner</strong></td>
<td>D-Jury</td>
<td>E-Jury ALP 1-3 Compulsory</td>
</tr>
<tr>
<td><strong>Intermediate</strong></td>
<td>ALP 1-3 Compulsory</td>
<td>ALP 1-6 Compulsory</td>
</tr>
<tr>
<td><strong>Intermediate Bronze</strong></td>
<td>ALP 1-6 Compulsory, ALP Level 5 Optional</td>
<td>ALP 1-6 Compulsory, ALP 5-9 Optional</td>
</tr>
<tr>
<td><strong>Advanced</strong></td>
<td>ALP 1-8 Compulsory</td>
<td>ALP 1-8 Compulsory</td>
</tr>
<tr>
<td><strong>Advanced Silver</strong></td>
<td>ALP 10 &amp; Senior Optional</td>
<td>ALP 10 &amp; Senior Optional</td>
</tr>
<tr>
<td><strong>FIG</strong></td>
<td>ALP 1-10, - Senior and Junior international at State and National &amp; International events</td>
<td>ALP 1-10, - Senior and Junior international at State and National &amp; International events</td>
</tr>
</tbody>
</table>

### 4.5.3 Club, TC, VMAGJA Responsibilities

Clubs are responsible for providing a judge (of appropriate level) for every team, or part thereof, that they enter into a competition for level 1-7 ALP events (not 1-5 as in previous years). Clubs are responsible for nominating judges for all competitions in which they participate and the judges should be listed on the competition entry form. If a club needs assistance in finding a judge please contact vmagja@gmail.com. If your club is still unable to provide a judge, the club will incur a $300 Judging Fee for every team without a judge.

Gymnastics Victoria and the MAG TC is responsible for rostering judges for Tier 1 and 2 events. This is also for metropolitan LAT sanctioned events.

Process for clubs nominating judges for competitions:

Clubs should be sending their athlete nominations in as usual with judges nominated. Following the release of the Work Order or Competition Schedule, clubs have 48 hours to confirm their judge for the sessions they are required. Clubs should be checking with their judge before they nominate to reduce the amount of chasing required to formulate a judges roster by the judges coordinators.

TC Judging Coordinators are to conduct Judging workshops prior to courses and major competitions to assist in judge preparation.

Judging information will be available to clubs and judges on the GV website under Judge Education.

The Judges Association is a sub-committee of the MAG TC and therefore all decisions are subject to TC approval.

### 4.5.4 Club Requirements for Invitational Events

Clubs must obtain TC sanction for all events. Applications will not be accepted unless they are supplemented by a MAG equipment list. See Part A.

For a combined Invitational and LAT to be sanctioned, Clubs must have the VMAGJA appoint the entirety of the Judging roster.

Work orders must be sent through to the MAGTC email for approval before being released to clubs.

Host clubs are responsible for paying judges who attend their Invitational events. The payment
structure can be found in the business section. Petrol costs are to be covered and accommodation provided to judges travelling over 75 km. Where a roster is produced by the VMAGJA, an invoice will be sent to the host club following the event. Attending judges will then be paid by the VMAGJA.

The Judging Coordinators for the relevant level can assist clubs to access judges.

5. Competitions

5.1 Spotting Box, Assistance by a Spotter and Additional Matting

All coaches must be of the appropriate level for the gymnasts competing at an event. They have the responsibility of preparing their gymnasts to perform the required skills within a routine for competition. Coaches are charged with the safety of their gymnast and must ensure their gymnasts can perform the required skills safely and with a high degree of aesthetic and technical mastery.

Spotting Box and Assistance by a Spotter

Spotting box regulations are to be updated by the MAGTC and will be available on TeamApp and on the Website.

Supplementary Matting

The following table shows the additional matting allowed for competition:

<table>
<thead>
<tr>
<th>Apparatus:</th>
<th>Allowable Matting:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Floor</td>
<td>Levels 6-10: 2 x 5cm mat. May not be moved during the routine.</td>
</tr>
<tr>
<td>Pommel Horse</td>
<td>Level 1-8: Max 20cm box/mat may be used to assist the gymnast to mount the apparatus.</td>
</tr>
<tr>
<td>Mushroom/Buck</td>
<td></td>
</tr>
<tr>
<td>Rings</td>
<td>Level 1-7 under: 1 x 30cm landing mat in addition to any matting used for required apparatus height. Level 7 open – 9: 1 x 10cm landing mat.</td>
</tr>
<tr>
<td>Vault</td>
<td>Level 6-10: 1 x 10cm soft mat in addition to the existing landing mat.</td>
</tr>
<tr>
<td>P-Bars</td>
<td>Level 1-5: 1 x 10cm landing mat</td>
</tr>
<tr>
<td>H-Bar</td>
<td>Level 1-9: 2 x 30cm landing mats in addition to any matting used for required apparatus height. Level 10: 1 x 30cm landing mat (For release elements only)</td>
</tr>
<tr>
<td>Other All Levels</td>
<td>One crash/single mat can be placed at each end for Horizontal Bar. One crash/single mat can be placed at each other apparatus. The additional mat on floor cannot be moved around.</td>
</tr>
</tbody>
</table>

Any additional matting extra to the technical regulations for apparatus by Gymnastics Australia, as specified in the ALP supplementary, carries a deduction of 0.5 per mat.

Coach presence at Rings, Vault, Parallel Bars and High Bar

At all levels except Level 10 and Senior International, a coach is required to be present at the apparatus to potentially assist a gymnast in the event of something unexpected occurring that may place the gymnast in danger. This rule applies to rings, vault, parallel bars and horizontal bar. During competition, a coach should attempt to position themselves to be able to readily assist the gymnast if required, but should be mindful to not obstruct the judges’ view of the competing gymnast wherever possible. Judges should remind coaches of this requirement when necessary. Failure of the coach to be present at these apparatus can result in the gymnast receiving a technical penalty of 0.5 points for each infringement.
5.2 General Warm Up
In a General warm up before a competition the gymnasts are not subject to warming up only on the floor exercise. Apparatus in the gym may be utilised to assist in competition warm up, however compulsory athletes must be accompanied by a coach on apparatus and they may only perform stretches or basic movements.

5.3 Filming at Events
There is to be no filming by gymnasts and/or coaches during GV events. Where possible, judges will have video cameras at each table for use by the judge’s association for education (provided video camera operators can be found). If parents do not want their child filmed they will need to complete a Gymnastics Victoria photography withdrawal form prior to the event (available on the GV Website). In the event of a coach query, judges will not be able to review the routine.

5.4 Competition Etiquette and Behaviour – Zero Tolerance Policy
Gymnastics Victoria has provided direction to competition organisers and judges that a zero-tolerance approach be adopted for any participant (Coach, Judge, Athlete or Spectator) displaying inappropriate or abusive behaviour at all Gymnastics Victoria activities and competitions.

5.5 Club Uniforms
All clubs must apply to the MAGTC when updating uniforms. This is to ensure tracksuits and competition attire differs between clubs and adheres to the FIG guidelines.

5.6 Advertisement on club uniforms
Any advertisement or sponsorship material on club uniforms must be approved in advance by the MAG Technical Committee. Applications to have any advertisements or sponsorship on uniforms must be sent in writing to the MAGTC email address magtc@gymnasticsvictoria.org.au. The FIG guidelines for advertisement can be found on the MAG TeamApp and/or Webpage.

6. State Team
Refer to State Team Handbook and associated policies on the Gymnastics Victoria website.

All members wishing to be considered for selection to the State Team will be required to complete and submit a nomination form by the due date which will available on the GV website from February.
7. Apparatus Heights and Equipment Requirements

Apparatus heights (minimum): National Program – nearest height will be accepted.

<table>
<thead>
<tr>
<th>Level</th>
<th>Pommel</th>
<th>Rings</th>
<th>Vault</th>
<th>Parallel Bars</th>
<th>H/Bar</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>N/A</td>
<td>Min setting</td>
<td>30 cm mat</td>
<td>Min setting</td>
<td>Min setting</td>
</tr>
<tr>
<td>2</td>
<td>N/A</td>
<td>200 cm</td>
<td>60 cm mat</td>
<td>130cm</td>
<td>160-200 cm</td>
</tr>
<tr>
<td>3</td>
<td>N/A</td>
<td>200 cm</td>
<td>30/60 cm</td>
<td>130 cm</td>
<td>160-200 cm</td>
</tr>
<tr>
<td>4</td>
<td>N/A</td>
<td>200 cm</td>
<td>30/60 cm</td>
<td>130 cm</td>
<td>Min</td>
</tr>
<tr>
<td>5</td>
<td>N/A</td>
<td>225 cm</td>
<td>100 cm</td>
<td>160 cm</td>
<td>220-250 cm</td>
</tr>
<tr>
<td>6 U/12 &amp; Open</td>
<td>90 cm</td>
<td>225 cm</td>
<td>110 cm</td>
<td>160 cm</td>
<td>220-250 cm</td>
</tr>
<tr>
<td>7 U/13</td>
<td>90 cm</td>
<td>225 cm</td>
<td>110 cm</td>
<td>160 cm</td>
<td>220-250 cm</td>
</tr>
<tr>
<td>7 Open/ 8U14</td>
<td>90 cm</td>
<td>260cm</td>
<td>120 cm</td>
<td>180 cm</td>
<td>260 cm</td>
</tr>
<tr>
<td>8 Open</td>
<td>105 cm</td>
<td>260 cm</td>
<td>125 cm</td>
<td>180 cm</td>
<td>260 cm</td>
</tr>
<tr>
<td>9 U15</td>
<td>105 cm</td>
<td>260 cm</td>
<td>125 cm</td>
<td>180 cm</td>
<td>260 cm</td>
</tr>
<tr>
<td>9 Open / U17</td>
<td>105 cm</td>
<td>260 cm</td>
<td>135 cm</td>
<td>180 cm</td>
<td>260 cm</td>
</tr>
<tr>
<td>10</td>
<td>105 cm</td>
<td>260 cm</td>
<td>135 cm</td>
<td>180 cm</td>
<td>260 cm</td>
</tr>
<tr>
<td>Snr Int</td>
<td>105 cm</td>
<td>260 cm</td>
<td>135 cm</td>
<td>180 cm</td>
<td>260 cm</td>
</tr>
<tr>
<td>Mats</td>
<td>100 mm</td>
<td>200 mm</td>
<td>200 mm</td>
<td>200 mm</td>
<td>200 mm</td>
</tr>
</tbody>
</table>

All heights are from top of matting – including mushroom and buck heights below.

Mushroom: Top diameter = 60 cm
Height = 50-70 cm

Buck: 70 cm and 65 cm long and normal horse width

Vault: Minimum vault height and requirements
Any variation upwards for the team will be accepted (without disadvantaging any gymnast, it is hoped that coaches will endeavour to limit the vault changes to a maximum of 2 levels per team).

Spring-boards:
If teams require their own ‘spring boards’ they may be brought to the venue and must be approved by the Competition Director/TC. In addition, it must be made available to all other teams at all sessions. Gymnasts may use additional mats to assist their mount to Pommel Horse, Mushroom or Buck, up to a maximum of 20cm for level 1-8 compulsory routines and level 6 and 7 open.

Where a gymnast’s stature is tall, he may request that blocks be used to raise the height of the Rings and or High Bar only. The Parallel Bars may not be raised over FIG height under any circumstances.
### 8. MAG Technical Criteria for Competition Venue Suitability

<table>
<thead>
<tr>
<th>Level 6-FIG</th>
<th>Floor Exercise</th>
<th>Pommel Horse</th>
<th>Rings</th>
<th>Vault</th>
<th>Parallel Bars</th>
<th>High Bar</th>
</tr>
</thead>
<tbody>
<tr>
<td>Size: As per FIG</td>
<td>Height: as per TCR 20cm box/platform to be used for small statured gymnast</td>
<td>Landing area: no less 3m x 2m 20cm FIG standard or equal quality</td>
<td>Height and landing area: As per Men's Australian Levels Program</td>
<td>Height: as per TCR</td>
<td>Height: as per TCR</td>
<td>Height: as per TCR</td>
</tr>
<tr>
<td>Age: ≤ 5 years</td>
<td>20cm FIG standard or equal quality</td>
<td>Landing mats: as per TCR</td>
<td>Landing mat: 10cm</td>
<td>Age: ≤ 5 years</td>
<td>Landing area: 2m at side. 2m at one end 3m at the other</td>
<td>Landing area: 3m x 10m 20cm FIG standard or equal quality</td>
</tr>
<tr>
<td>Sprung floor</td>
<td>Height: as per TCR</td>
<td>Landing mats: as per TCR</td>
<td>Landing mat: 10cm</td>
<td>Age: ≤ 5 years</td>
<td>Landing area: 2m at side. 2m at one end 3m at the other</td>
<td>Surrounding area: clear from obstructions no less 0.5m</td>
</tr>
<tr>
<td>Surrounding area: matted area clear from obstructions no less 1m each end and no less 1.5m each side</td>
<td>Surrounded area: matted area clear from obstructions no less 1m each end and no less 0.5m each side</td>
<td>Landing mats: as per TCR</td>
<td>Landing mat: 10cm</td>
<td>Surrounding vault run area: clear from obstructions no less 0.5m</td>
<td>Landing mats: as per TCR</td>
<td></td>
</tr>
<tr>
<td>Level 1-5</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Size: As per FIG</td>
<td>Height: Lowest height or boxes/platform of equal height both sides</td>
<td>A-Frame Rings: Stacked mats/boxes no more 1m</td>
<td>Height and landing area: As per Men's Australian Levels Program</td>
<td>Height: As per Men's Australian Levels Program</td>
<td>Height: As per Men's Australian Levels Program</td>
<td>Height: As per Men's Australian Levels Program</td>
</tr>
<tr>
<td>Age: ≤ 5 years</td>
<td>*Buck as above</td>
<td>Pull away rings: set at appropriate height for gymnast. Landing mats: 30cm crash mat or 10cm landing mat</td>
<td>Landing area: as above</td>
<td>(Stacked mats/boxes if required)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sprung floor</td>
<td>*Mushroom Height: 70cm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Surrounding area: matted and clear from obstructions no less 30cm around all edges and no less 1m from diagonals.</td>
<td>Age: ≤15 years</td>
<td>Scrap mats x 4</td>
<td>Surrounding area: matted area clear from obstructions no less 1m each end and no less 0.5m each side</td>
<td>Landing area: as above</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*TCR – Men’s Gymnastics Technical Commission Regulations (gymnastics.org.au)*
Mushroom – Top diameter – 60cm and Height – 50-70cm
Buck – Height 70cm, length 65cm and normal pommel horse width
Matting thickness is as follows: Pom. – 100mm. Rings, Vault, P-Bars, H-Bar – 200mm
9. MAG Levels Information

Levels Information and Age Limits for Trials, Qualifiers & Victorian Championships

**NOTE:** All age eligible gymnasts must compete in their underage divisions up to level 6. This is a TC directive and must be adhered to when entering competitions.

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>AGE</th>
<th>TEAM EVENT</th>
<th>OPEN INDIVIDUAL AGE RESTRICTION*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior International 2017-2020 FIG. Optional</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>FIG Optional</td>
<td>Open Team</td>
<td>No age limits.</td>
</tr>
<tr>
<td>9</td>
<td>9 U15, 9 U17 &amp; 9 Open Age FIG Junior Optional</td>
<td>Under \ Open**</td>
<td>No age limits.</td>
</tr>
<tr>
<td>8</td>
<td>U 14 Compulsory / Open Age Optional</td>
<td>Age Compulsory \ Open Optional</td>
<td>No age limits.</td>
</tr>
<tr>
<td>7</td>
<td>U13 Compulsory / Open Age Optional</td>
<td>Age Compulsory \ Open Optional</td>
<td>No age limits.</td>
</tr>
<tr>
<td>6</td>
<td>U 12 Compulsory / Open Age Optional</td>
<td>Age Compulsory \ Open Optional</td>
<td>No age limits.</td>
</tr>
<tr>
<td>5</td>
<td>U 11 / Open Age Compulsory / Open Age Optional</td>
<td>Under \ Open** \ Open Optional</td>
<td>No age limits.</td>
</tr>
<tr>
<td>4</td>
<td>U 10 / O Compulsory</td>
<td>Under \ Open**</td>
<td>Age Limit of 14*</td>
</tr>
<tr>
<td>3</td>
<td>U 9 / O Compulsory</td>
<td>Under \ Open**</td>
<td>Age Limit of 13*</td>
</tr>
<tr>
<td>2</td>
<td>U 8 / O Compulsory</td>
<td>Under \ Open**</td>
<td>Age limit of 12*</td>
</tr>
<tr>
<td>1</td>
<td>U 7 / O Compulsory</td>
<td>Under \ Open**</td>
<td>Age limit of 11*</td>
</tr>
</tbody>
</table>

*Gymnasts over the maximum age may still compete within these levels but may not be eligible for awards. At the Victorian Championships, these athletes will be treated as non-residential and receive awards accordingly. E.g. 1st to 3rd will still be awarded to age gymnasts and an additional medal awarded to overage gymnast depending on place. It is at each club’s discretion whether they follow this rule at their Invitational or allow the gymnast to compete with younger athletes.

To be included in a team competition each gymnast must qualify as an individual, in levels 1 to Senior.

**Open Teams may include under age gymnasts, but under age teams may not include open age gymnasts.

Compulsory Upgrades for open age gymnasts (Compulsory Routines Only)

<table>
<thead>
<tr>
<th>Open age Level</th>
<th>Max AA score</th>
<th>Upgrade score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 1</td>
<td>60</td>
<td>54</td>
</tr>
<tr>
<td>Level 2</td>
<td>60</td>
<td>54</td>
</tr>
<tr>
<td>Level 3</td>
<td>63</td>
<td>57</td>
</tr>
<tr>
<td>Level 4</td>
<td>63</td>
<td>57</td>
</tr>
<tr>
<td>Level 5</td>
<td>66</td>
<td>59.5</td>
</tr>
</tbody>
</table>

Any gymnast who obtains these scores will be notified via their club by the TC to advise their upgrade starting date.
## 10. MAG Levels and Competition Chart

<table>
<thead>
<tr>
<th></th>
<th>Senior International</th>
<th>Junior: Level 6-10</th>
<th>Sub Junior: Level 1-5</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>LAT Pass Marks</strong></td>
<td>FIG Code of Points Level 10 – AA Score = 65 With apparatus score not &lt;10.0 1 round optional</td>
<td>6 U 12 Score = 42 App Score not &lt;5.5 6 Open AA Score = 55 App Score not &lt;7.5 7 U 13 Score = 45 App Score not &lt;6.5 7 Open Score = 60 App Score not &lt;8.5 8 U 14 Score = 45 App Score not &lt;6.5 8 Open Score = 62 App Score not &lt;9.0 9 U 15 Score = 60 App Score not &lt;9.0 9 Open/ U 17 Score = 63 App Score not &lt;9.5</td>
<td>Level 1-5 42.0 App Score &lt;5.5 + 5 Open AA Score = 42 App Score not &lt;5.5</td>
</tr>
<tr>
<td><strong>Age Group &amp; Divisions</strong></td>
<td>FIG Code of Points As Per National Technical Regulations</td>
<td>As per National Technical Regulations On the Gymnastics Australia Website</td>
<td>As per 2020 GV Yearbook</td>
</tr>
<tr>
<td><strong>Team Sizes</strong></td>
<td>FIG Code of Points 5 with 3 to count</td>
<td>6 with 3 to count</td>
<td></td>
</tr>
<tr>
<td><strong>Victorian Championship Competition Structure</strong></td>
<td>Trials &amp; Victorian Championships Team, All Around &amp; Apparatus</td>
<td>Trials &amp; Victorian Championships Team, All Around &amp; Apparatus</td>
<td>Qualifiers &amp; Victorian Championships Team, All Around &amp; Apparatus</td>
</tr>
<tr>
<td><strong>Victorian Championship Qualifying Scores</strong></td>
<td>Level 10 – AA Score = 63</td>
<td>6 U 12 Score = 40 6 Open Score = 53 7 U 13 Score = 43 7 Open Score = 58 8 U 14 Score = 43 8 Open Score = 60 9 U 15 Score = 59 9 Open/ U 17 Score = 61</td>
<td>Level 1-5 AA 40.0 + 5 Open Score = 40</td>
</tr>
</tbody>
</table>
The information published in the following section shall remain in force for the current year to December 31. Information contained herein is discipline specific, and as such should be read in conjunction with and as part of the following documents (where applicable):

- The Technical Statutes
- Australian Levels Program Manuals/Technical Regulations
- Code of Points
- The Constitution of Gymnastics Victoria
- The Business section of this Year Book
- The Events Handbook
- The GV website

Should a situation arise that is not provided by the GV Operational Committees Charter, the GA Technical Regulations part B will apply.

Technical Updates are provided on the Gymnastics Victoria website and in the monthly Technical Bulletin

1. **WAG Technical Committee**

   The Victorian WAG Technical Committee is the advising body for the technical rules of the sport in Victoria.

2. **Working with Children Check**

   It is Gymnastics Victoria policy and a legal standard to sight a current, valid Working with Children Check (WWCC) or Victorian Institute of Teachers (VIT) card from all coaches, judges, officials, vendors and volunteers at all Gymnastics Victoria competitions.

   At all Gymnastics Victoria events:

   - All coaches, judges, officials, vendors and volunteers are required to present themselves to an authorised person with their current and valid WWCC or VIT card (and photo ID) and complete the sign in sheet per day of competition prior to access to the field of play;
   - It is a requirement for coaches and judges to include their Technical Membership number when signing in;
   - Coaches, judges, officials, vendors and volunteers must be easily identifiable on the field of play by means of either a wrist band or stamp to ensure they have presented their WWCC or VIT; and
   - WWCC and VIT cards must be presented visually. A number alone is not sufficient, however a clear photograph of the card (on a mobile phone or similar) will satisfy the requirement. Persons under 18 are not required to have a WWCC, however it is highly recommended.
   - Personnel required to present their WWCC are encouraged to take an image of the front and back of their card in case of misplaced/lost WWCC card.

   Coaches, judges, officials, vendors and volunteers unable to provide a current and valid WWCC or VIT card at all 2020 GV Events or other events will NOT be permitted access to the field of play or to continue in their role at the event, and will NOT be eligible to receive updating points or a judge honorarium.

   Coaches and judges must sign in with their current and valid WWCC or VIT card and their current Technical Membership number in order to receive updating points and payment (where required). Where a person has not included this information on the sign in sheet, they will not receive updating points or payment.
3. Gymnasts
Refer to the GA WAG Australian Levels Program and/or the FIG Code of Points.
Victorian rules are on the GV website under Gymsports/WAG/Technical Information. Clubs will be informed of any updates via the GV Technical Bulletin.

- Gymnasts should dress appropriately for competition and during warm-up.
- Leotards must not rise above the hip bone when the gymnast is at full stretch.
- Leotards with no sleeves must have straps at least 2cm wide.
- Warm-up bike pants and tracksuit pants must not be low hip rider style.
- Gymnasts may wear a unitard or complete leg coverings of the same colour as that of the leotard; under or on top of the leotard. Per FIG CoP point 2.3.2
- Gymnasts may not wear state team uniform at any Gymnastics Victoria Competitions or TC sanctioned competitions.
- Gymnasts should have their music on a USB.

4. Coaches
Please be aware that all Coaches are bound by the Gymnastics Victoria Codes of Behaviour, Child Protection Code of Conduct and Child Safe and Child Friendly Policy.
Refer to the GA WAG ALP Manual and/or the FIG Code of Points.
There are some requirements for coaches which are only stipulated in this Year Book and Events Handbook. It is recommended that all coaches read the ALP Manual and this Year Book thoroughly before entering a competition.

4.1 Accreditation
All coaches on the floor at official GV sanctioned competitions must be currently registered and accredited with the appropriate GA/GV qualifications. Unregistered coaches will be asked to leave the competition floor.

4.2 Approaching Judges
Coaches must not approach the judging panel concerning the evaluation of routines/scores during the competition. All queries must go through the jury.

Coaches who insist on approaching judges will be asked to leave the competition floor by the WAG TD, their representative, or event staff.

4.3 Etiquette
Once competition has commenced:
- Coaches and gymnasts must not leave the competition areas without the express permission of the WAG TC, Jury or Head Judge. Penalty: Disqualification.
- Coaches are responsible for training their team members in gymnastic etiquette to behave with sporting and cooperative manner during competition and spare periods.
- If a coach acts in an inappropriate manner during an event, the penalty is removal from the competition floor by the WAG TD or their representative as per the FIG Code of Points.

4.4 Dress
Coaches must be appropriately dressed in Club tracksuit or uniform including appropriate enclosed footwear (respectable sports shorts or 3/4 pants in keeping with Club colours are permitted).

Coaches should be dressed in polo shirts or t-shirts in white or club colours. Bike pants, cargo pants or cargo shorts, leggings, street wear, singlet or short tops are unacceptable. Incorrect and inappropriate attire will result in a minimum fine of $110 per session.
4.5 **Coaches’ Meeting**

Coaches should be aware that it is recommended that all competitions schedule a coaches meeting 10 minutes prior to the start of General Warm-up. It is required that one coach per competing club be in attendance at this meeting.

4.6 **Warm-Up**

Coaches are responsible for the efficient and equal allocation of warm-up time for gymnasts. Gymnasts must cease warm-up on signal. Time limits shall be strictly observed.

4.7 **Scores**

Coaches should be careful to collect final scores at the end of the Competition, as young scorebat operators may flash scores incorrectly during competition. Where a start score is flashed incorrectly, if possible, the coach should be informed.

4.8 **Music**

Coaches are to ensure that all gymnasts have individual music USB’s with clearly labelled files for each gymnast. Coaches are required to carry spare music in case of a malfunction.

5. **Judges**

Please be aware that all Judges are bound by the Gymnastics Victoria Codes of Behaviour, Child Protection Code of Conduct and Child Safe and Child Friendly Policy.

5.1 **Qualifications**

Refer to State Judging Coordinator and/or the FIG Code of Points. There are some requirements for judges listed in this Year Book. It is recommended that all judges read this Year Book thoroughly before participating in a competition.

- Judges may only be nominated by one club per competition.
- Judges must maintain their qualification by judging at the required level at least three times per year and attending the necessary updating requirements as specified. Judges are encouraged to make themselves available to judge even when not rostered. It is also advisable to keep a note of upcoming competitions on the website calendar of your availability even if your club is not involved.
- All Judges must maintain their Technical Membership with GA/GV.
- The WAG TC requires that sanctioned Club Invitational honorariums for judges are at the below rates:
  - Minimum rate per session
    - Beginner $38
    - Intermediate $51
    - Advanced $57
    - Advanced Silver $64
    - FIG $64

5.2 **Etiquette**

Judges’ Uniform:

- Navy skirt or tailored pants
- White blouse, top or jumper
- Navy jacket or cardigan
- Black or navy shoes

 Judges must be correctly attired at all times when officiating. The standard of attire is most important in maintaining respect and reflecting the status of the judge. All judges must ensure that their dress is of a high standard. Denim jeans or denim skirts are NOT appropriate.
5.3 **Club Requirements**

Clubs must have registered and appropriately accredited judges who are required to judge for all competitive gymnasts in their club. Fulfilling these requirements will enable the club gymnasts to compete in GV events.

Clubs must plan to have the following:
- Levels 1-2 (intra club) – 1 Beginner Judge
- Levels 1-2 (external competition) – 1 Intermediate Judge and 1 Beginner “Judge in training” for every team entered.
- Levels 3-6 – 1 Intermediate Judge plus 1 Intermediate “Judge in training” for every team entered.
- Levels 7-10 – 1 Advanced Judge plus 1 Intermediate “Judge in training” for every team entered.

Fines for not having a judge at the appropriate level can be applied.

Exemptions:
- Judge in training (i.e. a judge enrolled and paid for the next judges course – Should this not occur Waiver will be revoked and fines applied); OR
- Have a judging waiver approved by the WAG TC.

Please give the Club Judge plenty of notice of upcoming competitions the club will be entering to ensure availability on the day. Judges will be required for all sessions on the day(s) they are rostered. If the judge listed on the entry form is unavailable to uphold their judging commitments, it is the responsibility of the club and/or the judge to find a replacement judge of the same level or the TC or event organiser may impose a fine on the club of no less than $220.00 per event.

**NOTE:** Judges waivers only cover GV Events and not Club Invitationals.

Please write to the WAG Judging Coordinator if your club has a judging problem that the TC may be able to assist you with.

5.4 **Judges’ Fundraising**

Funds are raised each year by the Judges’ Committee through Judges Invitationals and are used to support judges, gymnasts, coaches and other officials to travel to National and International events. The criteria for awarding financial support include:

a) Importance of event  
b) Location of event  
c) Qualification of judges  
d) Ability to represent GV in all judging areas  
e) Previous funding received  
f) Ability to bring back information and expertise to Victoria

Amount of money allocated is based on:
- total amount of money available  
- number of judges attending  
- number of gymnasts, coaches and other officials attending

Any monies awarded will be paid after the event/competition.  
Anyone may request support from the Judges’ Committee, in writing, and each request will be considered according to the above criteria.
5.5 Judges’ Education

5.5.2 Judges Updating Options:
Judges’ courses are conducted throughout the year and information can be obtained from the GV website. It is strongly recommended that all judges own a copy of the WAG ALP and FIG Code of Points; these can be purchased or downloaded from the GA or FIG websites.

5.5.3 Judges Updating Options:
Judges may attend a relevant Judges Course as an observer to complete their updating hours.
- Be an active Secretary/Averager at a competition
- Attend the Technical Information Day at the start of each New Year
- Attend Coaching courses or coaches updating events Free of Charge (conditions apply: Applies to people who are Judges only.)

NOTE: updating points can only be awarded if the sign in sheets are complete and legible.

6. Officials
Each event will have a Technical representative or Head Judge as determined by the WAG Technical Director.

7. Programs

7.1 Levels Program Structure
For details see GV Website under Gymnastics/WAG/Technical information

7.1.1 Attainment of Levels
Level Awards Tests (LATs) are a recognition of competency achieved. Gymnasts receive a badge to signify their level.
LAT Pass Marks:
- Level 3-6 30.00
- Level 7 38.00
- Level 8 39.00
- Level 9 40.00
- Level 10 41.00

Gymnasts can now enter Victorian Championships events if they have achieved either their entered level OR the level immediately below at a sanctioned LAT (LAT form must be completed and paid for).

All GV Tier 1 and 2 events (Victorian Championships, Trials and Qualifiers) will have LAT status.

In principle, athletes are not permitted to compete at a lower level than they have previously competed. Athletes who achieve an All-Around LAT pass mark at any LAT event (regardless of whether they officially apply for the LAT) may not compete at a lower level at a subsequent event. This rule applies throughout all divisions. For example, a gymnast achieving the pass mark at a Division 3 level 5 LAT competition would not be permitted to compete Level 4 (in any Division) at a later date.

7.1.2 Attainment of Levels – In-House Assessment
Gymnasts at Levels 1, 2, 3 and 4 may achieve their level by obtaining the required score either at a sanctioned LAT event or by in-house assessment.
The assessment must be conducted by at least two (2) appropriately qualified judges.
The full routines on all apparatus must be evaluated within one session.
7.1.3 **Retired Gymnasts**
Retired gymnasts wishing to compete should be guided by the flowchart on the GV website and may consult the WAG TC for assistance.

8. **Interstate & International Travel**
Please be aware of Gymnastics Australia’s Travel Policy including their age guidelines.
All clubs, coaches and/or judges should notify the Victorian WAG TC, in writing, of their intention to travel and compete at any Interstate or overseas event. The WAG TC may be able to offer assistance and facilitate contacts outside Victoria.
It is recommended that a report of the trip, along with results and information be written for the WAG TC.
All clubs, coaches, gymnasts and/or judges who intend to travel overseas must notify GA, in writing, of their intentions.

9. **State Team**
Refer to State Team Handbook and associated policies on the Gymnastics Victoria website.
All members wishing to be considered for selection to the State Team will be required to complete and submit a nomination form by the due date which will be available on the GV website from February.

9.1 **Personal Coaches at Australian Championships - Levels**
Personal Coaches are welcome to coach their gymnasts for apparatus and all around finals. Only Team coaches are to work with the Victorian team until after the team event. Exceptions may be made by the Head Coach in consultation with Team Coaches. Personal Coaches may not stay with the team or at the same accommodation.
Coaches wishing to travel as a Personal Coach must apply to GV on the official nomination form.

9.2 **Trans Bass Team**
In 2020, Level 6 and 7 gymnasts will be selected to represent Victoria at the Trans Bass Challenge.
See the Selection policy in the State Team Handbook.

9.3 **Border Challenge**
In 2020, Level 7, 8 and 9 gymnasts will be selected to represent Victoria at the Border Challenge in Caloundra, Queensland.
See the Selection policy in the State Team Handbook.

10. **Miscellaneous**

10.1 **Leotards**
Club leotard designs and samples of materials MUST be submitted to the WAG TC for approval before being worn at competitions. Photographs of all leotards are required to be submitted to the WAG TC. It is a requirement that Clubs/High Performance Programs submit designs for approval before manufacture to avoid disappointment if the design is not accepted.
All clubs should check that they have had their leotards approved and registered by the WAG TC. Clubs failing to do this face a minimum fine of $220.00 and non-acceptance of entries for all GV events until such time as the leotard is registered with the WAG TC.
Leotard registration forms are available on the GV website.
10.2 Invitational Competitions – Recommendations

Clubs hosting invitational competitions are able to choose the format that their event will take, including divisions, age groups, awards, etc.

The WAG Technical Committee recommends that clubs follow the guidelines set down by the ASC National Junior Sport Policy with regards to competition.

At levels 3-4:
- Only team awards are presented
- No scores are flashed
- Individual results are made available only to competing clubs and are not to be distributed to parents, etc.

Coaches should also assume the following unless the host club advertises otherwise prior to entries:
- Team sizes are 5 gymnasts with three scores to count
- Full competition apparatus is provided, including the required mount and dismount areas (as shown on the event apparatus checklist for the relevant level available on the GV website). Where clubs are not able to provide this, the club will advise the equipment specifications available.

In the event that a Club chooses not to follow the above recommendations for the format of their invitational, they MUST abide by the following to receive GV event sanctioning:
- Clearly state differences in their event format in event information prior to receiving entries
- Clearly state differences in their event format in the work order information released after entries have closed

10.3 Additional Matting

For Victoria Events including Trials and the Victorian Championships, the following matting may be used without deduction, in addition to that specified in the GA Technical Regulations and the ALP Manual:
- Vault
  - An Additional 10cm mat is permitted for all salto vaults
- Bars
  - An Additional 10cm mat is permitted for all flight elements and dismounts
- Beam
  - An Additional 10cm mat is permitted for all C or higher dismounts
- Floor
  - An Additional 5cm mat is permitted for all C or higher saltos

Coaches may move the additional matting during the routine. Any skills landing on the additional matting which do not meet the above criteria will incur the supplementary matting deduction.
The information published in the following section shall remain in force for the current year to December 31. Information contained herein is discipline specific, and as such should be read in conjunction with and as part of the following documents (where applicable):

- The Technical Statutes
- Australian Levels Program/Technical Regulations
- FIG Code of Points
- The Constitution of Gymnastics Victoria
- The Business section of this Year Book
- The Events Handbook
- The GV website
- The RG Australian Levels Program (ALP) is the governing manual for Levels 1 – 9 Open and Stages.

Please note: There have been amendments to several areas of the ALP – please ensure that you have checked the GA RG Technical Regulations and noted the alterations in the corresponding sections in your ALP. These especially relate to D requirements in Levels 5 and above, Multiples requirements and ages, but other areas have also been updated.

1. RG Technical Committee
   The Victorian RG Technical Committee is the advising body for the technical rules of the sport in Victoria.

2. Working with Children Check
   It is Gymnastics Victoria policy and a legal standard to sight a current, valid Working with Children Check (WWCC) or Victorian Institute of Teachers (VIT) card from all coaches, judges, officials, vendors and volunteers at all Gymnastics Victoria competitions.

   At all Gymnastics Victoria events:
   - All coaches, judges, officials, vendors and volunteers are required to present themselves to an authorised person with their current and valid WWCC or VIT card (and photo ID) and complete the sign in sheet per day of competition prior to access to the field of play;
   - It is a requirement for coaches and judges to include their Technical Membership number when signing in;
   - Coaches, judges, officials, vendors and volunteers must be easily identifiable on the field of play by means of either a wrist band or stamp to ensure they have presented their WWCC or VIT; and
   - WWCC and VIT cards must be presented visually. A number alone is not sufficient, however a clear photograph of the card (on a mobile phone or similar) will satisfy the requirement. Persons under 18 are not required to have a WWCC, however it is highly recommended;
   - Personnel required to present their WWCC are encouraged to take an image of the front and back of their card in case of misplaced/lost WWCC card.

Coaches, judges, officials, vendors and volunteers unable to provide a current and valid WWCC or VIT card at all 2020 GV Events or other events will NOT be permitted access to the field of play or to continue in their role at the event, and will NOT be eligible to receive updating points or a judge honorarium.

Coaches and judges must sign in with their current and valid WWCC or VIT card and their current Technical Membership number in order to receive updating points and payment (where required). Where a person has not included this information on the sign in sheet, they will not receive updating points or payment.
### Australian National RG Program

#### 2020 – The table below must be used alongside the FIG CoP 2017-2020, which can be downloaded from the FIG website

<table>
<thead>
<tr>
<th>INDIVIDUAL</th>
<th>Body Difficulty</th>
<th>Dance Steps</th>
<th>Dynamic Elements with Rotation</th>
<th>Apparatus Difficulty</th>
<th>Routine Length</th>
<th>Team Size</th>
<th>2020 apparatus</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior International</td>
<td>Min 3 - Highest 9 to count</td>
<td>Minimum 1</td>
<td>Minimum 1 1</td>
<td>Minimum 1</td>
<td>1.15 – 1.30 mins</td>
<td>team 3 - 6</td>
<td>Hoop Ball Clubs Ribbon</td>
</tr>
<tr>
<td>Born 2004 or older Turning 16+ yrs in the year of competition</td>
<td>Any type and value</td>
<td>1 x jump/leap</td>
<td>Maximum 5 (chronological)</td>
<td></td>
<td></td>
<td>team 3 - 5</td>
<td></td>
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<tr>
<td></td>
<td>Min of : 1 x jump/leap</td>
<td>1 x balance</td>
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<td></td>
<td>1 x rotation</td>
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<tr>
<td>Level 10</td>
<td>Min 3 - Highest 9 to count</td>
<td>Minimum 1</td>
<td>Minimum 1 1</td>
<td>Minimum 1</td>
<td>1.15 – 1.30 mins</td>
<td>team 3 - 6</td>
<td>Hoop Ball Clubs Ribbon</td>
</tr>
<tr>
<td>Born 2005 or older Turning 15+ yrs in the year of competition</td>
<td>Any type and value</td>
<td>1 x jump/leap</td>
<td>Maximum 5 (chronological)</td>
<td></td>
<td></td>
<td>team 3 - 5</td>
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</tr>
<tr>
<td></td>
<td>Min of : 1 x jump/leap</td>
<td>1 x balance</td>
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<td></td>
<td>1 x rotation</td>
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<tr>
<td>Junior Int’l*</td>
<td>Min 3 - Highest 7* to count</td>
<td>Minimum 2</td>
<td>Minimum 1 1</td>
<td>No Min/Max</td>
<td>1.15 – 1.30 mins</td>
<td>team 3 - 6</td>
<td>Rope Ball Clubs Ribbon</td>
</tr>
<tr>
<td>Born 2005/2006/2007 Turning 13-15 yrs in the year of competition</td>
<td>Any type and value</td>
<td>1 x jump/leap</td>
<td>Maximum 4 (chronological)</td>
<td></td>
<td></td>
<td>team 3 - 5</td>
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<tr>
<td></td>
<td>Min of : 1 x jump/leap</td>
<td>1 x balance</td>
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<td></td>
<td>1 x rotation</td>
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<tr>
<td>Pre-Jnr*</td>
<td>Min 3 - Highest 6* to count</td>
<td>Minimum 2</td>
<td>Minimum 1 1</td>
<td>No Min/Max</td>
<td>1.00 – 1.30 mins</td>
<td>team 3 - 6</td>
<td>FX Rope Hoop Ball</td>
</tr>
<tr>
<td>Born 2007/2008/2009 Turning 11-13 yrs in the year of competition</td>
<td>Any value</td>
<td>1 x jump/leap</td>
<td>Maximum 4 (chronological)</td>
<td></td>
<td></td>
<td>team 3 - 5</td>
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</tr>
<tr>
<td></td>
<td>Min of : 1 x jump/leap # with split line</td>
<td>1 x balance # with split line</td>
<td></td>
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<td></td>
<td>1 x rotation # with split line</td>
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<tr>
<td>Sub-Jnr*</td>
<td>Min 3 - Highest 6* to count</td>
<td>Minimum 2</td>
<td>Minimum 1 1</td>
<td>No Min/Max</td>
<td>1.00 – 1.30 mins</td>
<td>team 3 - 6</td>
<td>FX Rope Hoop Ball</td>
</tr>
<tr>
<td>Born 2009/2010 Turning 10-11 yrs in the year of competition</td>
<td>Any value</td>
<td>1 x jump/leap</td>
<td>Maximum 4 (chronological)</td>
<td></td>
<td></td>
<td>team 3 - 5</td>
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<tr>
<td></td>
<td>Min of : 1 x jump/leap # with split line</td>
<td>1 x balance # with split line</td>
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<tr>
<td></td>
<td>1 x rotation – any type</td>
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</tr>
</tbody>
</table>
**Fundamental Apparatus Requirements**

- A minimum 1 element from each Fundamental Apparatus Technical group is required in each exercise.
- Identical apparatus elements during Body Difficulties will not be valid except in the case of series: it is possible to repeat identical apparatus handling during a series of jump/leaps and pivots.

- *FIG Junior rules* apply to all divisions except Level 10 and Senior – the non-dominant hand must be used to perform a Fundamental or non-fundamental Apparatus Technical Element during 2 Body Difficulties when performing with Ball and Ribbon. **Penalty 0.3 if missing.**
- # The split line requirement matches the FIG age group program HP2 & HP3. **Penalty 0.3 if missing.**
- # The split line requirement PJ Leap matches the FIG age group program HP2 & HP3. **Penalty 0.3 if missing.**

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</thead>
<tbody>
<tr>
<td>Senior International Born 2004 or older Turning 16+ yrs in the year of competition</td>
<td>Max 9 Elements:  4 BD + 4 ED + 1 by choice</td>
<td>Min 4 Minimum of: 1 Jump/leap 1 Balance 1 Rotation</td>
<td>Min 4</td>
<td>Min 1</td>
<td>Max 1</td>
<td>Min 4</td>
<td>2.15 – 2.30 mins</td>
<td>5 + 1 reserve 3 groups per state</td>
</tr>
<tr>
<td>Junior Born 2005/2006/2007 Turning 13-15 yrs in the year of competition</td>
<td>Max 7 Elements:  3 BD + 3 ED + 1 by choice</td>
<td>Min 3 1 Jump/leap 1 Balance 1 Rotation</td>
<td>Min 3</td>
<td>Min 2</td>
<td>Max 1</td>
<td>Min 4</td>
<td>2.15 – 2.30 mins</td>
<td>5 + 1 reserve 3 groups per state</td>
</tr>
<tr>
<td>Pre-junior Born 2008/2009/2010 Turning 10-12 yrs in the year of competition</td>
<td>Max 5 Elements:  3 BD + 2 ED</td>
<td>Max 3 1 x Jump/leap # with split line 1 Balance 1 Rotation</td>
<td>Max 2</td>
<td>Min 2</td>
<td>Max 1</td>
<td>Min 4</td>
<td>1.45 – 2.00 mins</td>
<td>5 + 1 reserve 3 groups per state</td>
</tr>
<tr>
<td>INDIVIDUAL</td>
<td>Body Difficulty</td>
<td>Dance Steps</td>
<td>Dynamic Elements with Rotation</td>
<td>Apparatus Difficulty</td>
<td>Max D Score</td>
<td>Routine Length</td>
<td>Team Size Vics</td>
<td>2020 apparatuses</td>
</tr>
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<tr>
<td><strong>Level 9</strong>&lt;br&gt;Born 2008 or older&lt;br&gt;Turning 12 or older in the year of competition</td>
<td>Min 3 – Max 7&lt;br&gt;At least 1 Jump/leap 1 Balance 1 Rotation Any type or value 1 - 4 optional – not required</td>
<td>Min 2 @ 8 secs (0.30)</td>
<td>One required Minimum 1 Maximum 4 (chronological) FIG values &amp; criteria – no maximum total</td>
<td>No Min/Max Value 0.20, 0.30 or 0.40 as per code</td>
<td>n/a</td>
<td>1.15 – 1.30 mins</td>
<td>team 3 - 5</td>
<td>Rope Ball Clubs Ribbon</td>
</tr>
<tr>
<td><strong>Level 8</strong>&lt;br&gt;Born 2009 or older&lt;br&gt;Turning 11 or older in the year of competition or older</td>
<td>Min 3 – Max 5&lt;br&gt;At least 1 Jump/leap 1 Balance 1 Rotation 1 or 2 optional – not required</td>
<td>Min 2 @ 8 secs (0.30)</td>
<td>One required Minimum 1 Maximum 3 (chronological) FIG values &amp; criteria – no maximum total</td>
<td>No Min/Max Value 0.20, 0.30 or 0.40 as per code</td>
<td>n/a</td>
<td>1.15 – 1.30 mins</td>
<td>team 3 - 5</td>
<td>FX Rope Ball Ribbon</td>
</tr>
<tr>
<td><strong>Level 7</strong>&lt;br&gt;Born 2010 or older&lt;br&gt;Turning 10 or older in the year of competition or older</td>
<td>Min 3 – Max 5&lt;br&gt;At least 1 Jump/leap 1 Balance 1 Rotation 1 or 2 optional – not required</td>
<td>Min 2 @ 8 secs (0.30)</td>
<td>One required Minimum 1 Maximum 3 (chronological) FIG values &amp; criteria – no maximum total</td>
<td>No Min/Max Value 0.20, 0.30 or 0.40 as per code</td>
<td>n/a</td>
<td>1.15 – 1.30 mins</td>
<td>team 3 - 5</td>
<td>FX Hoop Ball Ribbon</td>
</tr>
<tr>
<td>Level 6</td>
<td>Born 2011 or older</td>
<td>Turning 9 or older in the year of competition or older</td>
<td>Body Difficulty</td>
<td>Dance Steps</td>
<td>Dynamic Elements with Rotation</td>
<td>Apparatus Difficulty</td>
<td>Max D Score</td>
<td>Routine Length</td>
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<td></td>
<td>Min 3 – Max 4</td>
<td>At least 1 Jump/leap 1 Balance 1 Rotation 1 optional – not required</td>
<td>Min 2 @ 8 secs (0.30)</td>
<td>Max. 2 different performed 2 x 2 rotations min. (+ optional 2 criteria) Value 0.20, 0.30 or 0.40</td>
<td>AD: Max. 2 Value 0.20 or 0.30 or 0.40 Max. total value 0.80 4 x set Fundamental requirements Value 0.20 each</td>
<td>FX: 3.00</td>
<td>App: 4.60</td>
<td>1.00 – 1.15 mins</td>
</tr>
<tr>
<td></td>
<td>Value 0.10 – 0.40 each</td>
<td>Max. total value 0.60</td>
<td>Max. total value 0.80</td>
<td>Max. total value 1.60</td>
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</tr>
<tr>
<td>Level 5</td>
<td>Born 2012 or older</td>
<td>Turning 8 or older in the year of competition</td>
<td>Min 3 – Max 4 At least 1 Jump/leap 1 Balance 1 Rotation 1 optional – not required</td>
<td>Min 2 @ 8 secs (0.30)</td>
<td>Max. 2 different performed 2 x 2 rotations min. (+ optional 2 criteria) Value 0.20, 0.30 or 0.40</td>
<td>AD: Max. 2 Value 0.20 or 0.30 or 0.40 Max. total value 0.80 4 x set Fundamental requirements Value 0.20 each</td>
<td>FX: 3.00</td>
<td>App: 4.60</td>
</tr>
<tr>
<td></td>
<td>Value 0.10 – 0.40 each</td>
<td>Max. total value 0.60</td>
<td>Max. total value 0.80</td>
<td>Max. total value 1.60</td>
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</tr>
<tr>
<td>Level 4</td>
<td>Body Difficulty</td>
<td>Dance Steps</td>
<td>Dynamic Elements with Rotation</td>
<td>Apparatus Difficulty</td>
<td>Max D Score</td>
<td>Routine Length</td>
<td>Team Size</td>
<td>2020 apparatus</td>
</tr>
<tr>
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</tr>
<tr>
<td>Born 2013 or older</td>
<td>Min 3 – Max 4 At least 1 Jump/leap 1 Balance 1 Rotation 1 optional – not required</td>
<td>Min 2 @ 8 secs (0.30)</td>
<td>Max. 2 Different performed One or two x 1 rotation Value 0.10 and/or One or two x 2 rotations Value 0.20 and any criteria in each</td>
<td>AD Not required 4 x set Fundamental requirements Value 0.2 each</td>
<td>FX: 2.60 App: 3.00</td>
<td>1.00 – 1.15 mins</td>
<td>team 3 - 5</td>
<td>FX Ball Clubs</td>
</tr>
<tr>
<td>Turning 7 or older in the year of competition</td>
<td>Value 0.10 – 0.30 each</td>
<td>Max. total value 0.60</td>
<td>Max. total value 0.40</td>
<td>Total value 0.80</td>
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<tr>
<td>Level 3</td>
<td>Body Difficulty</td>
<td>Dance Steps</td>
<td>Dynamic Elements with Rotation</td>
<td>Apparatus Difficulty</td>
<td>Max D Score</td>
<td>Routine Length</td>
<td>Team Size</td>
<td>2020 apparatus</td>
</tr>
<tr>
<td>Born 2014 or older</td>
<td>Min 3 – Max 4 At least 1 Jump/leap 1 Balance 1 Rotation 1 optional – not required</td>
<td>Min 2 @ 8 secs (0.30)</td>
<td>Max. 2 Different performed One or two x 1 rotation Value 0.10 and/or One or two x 2 rotations Value 0.20 and any criteria in each</td>
<td>AD Not required 4 x set Fundamental requirements Value 0.2 each</td>
<td>FX: 2.60 App: 3.00</td>
<td>0.45 – 1.00 mins</td>
<td>team 3 - 5</td>
<td>FX Ball Ribbon</td>
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<td>Turning 6 or older in the year of competition</td>
<td>Value 0.10 – 0.30 each</td>
<td>Max. total value 0.60</td>
<td>Max. total value 0.40</td>
<td>Total value 0.08</td>
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<tr>
<td>Level</td>
<td>Born</td>
<td>Dancing Step</td>
<td>Dynamic Elements with Rotation</td>
<td>Apparatus Difficulty</td>
<td>Max D Score</td>
<td>Routine Length</td>
<td>Team Size</td>
<td>Vics 2020 Apparatus</td>
</tr>
<tr>
<td>-------</td>
<td>------</td>
<td>--------------</td>
<td>---------------------------------</td>
<td>----------------------</td>
<td>-------------</td>
<td>---------------</td>
<td>-----------</td>
<td>------------------</td>
</tr>
<tr>
<td>Level 2</td>
<td>2020</td>
<td>3 club routines</td>
<td>1 required @ min. 4 secs Moving feet or body, or both, in a pattern with a dance element</td>
<td>Musicality and expression Being on the beat, keeping time with the music and finishing with the final beat of the music</td>
<td>1.80</td>
<td>45 secs</td>
<td>Individual</td>
<td>FX, Rope, Hoop</td>
</tr>
<tr>
<td>Level 1</td>
<td>2011/2012</td>
<td>3 club routines</td>
<td>1 required @ min. 4 secs Moving feet or body, or both, in a pattern with a dance element</td>
<td>Musicality and expression Being on the beat, keeping time with the music and finishing with the final beat of the music</td>
<td>1.80</td>
<td>45 secs</td>
<td>Individual</td>
<td>FX, Rope, Ball</td>
</tr>
</tbody>
</table>

**Please note:**
Gymnasts under the age of 5 as of 1st January 2020 may not compete in GV competitions
<table>
<thead>
<tr>
<th>Stage 1</th>
<th>Body Difficulty</th>
<th>Dance Steps</th>
<th>Dynamic Elements with Rotation</th>
<th>Apparatus Difficulty</th>
<th>Max D Score</th>
<th>Routine Length</th>
<th>Team Size</th>
<th>2020 apparatus</th>
</tr>
</thead>
<tbody>
<tr>
<td>Born 2013/2014 Turning 6-7 yrs in the year of competition</td>
<td>FX: Min 3 – Max 6 Apparatus: Min 3 – Max 4 1 Jump/leap 1 Balance # 1 Rotation Optionals – not required any value</td>
<td>Min 2 @ 8 secs (0.30) No max value</td>
<td>Max. 2 Different performed Min 1 Rotation* No min or max value</td>
<td>AD: Max. 2 Value 0.20 or 0.30 or 0.40 No min value; max value 0.8</td>
<td>n/a</td>
<td>1.00 – 1.15 mins</td>
<td>team 3 - 5</td>
<td>FX Rope Hoop</td>
</tr>
</tbody>
</table>

# Elements marked # must show split line – 0.3 penalty for each missing split line (taken by D1/2 Judge)
- * Risk with 1 rotation has a value of 0.1
- ** Set Fundamental requirements for FX judged by D3/4. No penalty for not performing.

Stages are State based only, however Stage 2 gymnasts may compete individually at the National Clubs Carnival in an appropriate age level as Level 5 or 6.

Both Stages may also compete in Categories 1-3.
## CATEGORIES

<table>
<thead>
<tr>
<th>Age Division</th>
<th>Apparatus: 5 elements: 3BD + 2 ED</th>
<th>Difficulty</th>
<th>Dance Steps</th>
<th>Dynamic Elements with Rotation</th>
<th>Collaborations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Category 1</td>
<td>Max age 11 in the year of competition</td>
<td>Body Difficulties BD</td>
<td>Exchange Difficulties ED</td>
<td>N/A</td>
<td>Min 5</td>
</tr>
<tr>
<td>Trio (3) Hoop Group (4) Ball</td>
<td>1.00 – 1.15 mins</td>
<td>Value 0.1 – 0.4</td>
<td>Max 2</td>
<td>ED base + 1 criteria = 0.3 max. value</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 x Jump/Leap</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 x Balance</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 x Rotation</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Category 2</td>
<td>Max age 14 in the year of competition</td>
<td>Body Difficulties BD</td>
<td>Exchange Difficulties ED</td>
<td>N/A</td>
<td>Min 5</td>
</tr>
<tr>
<td>Trio (3) Hoop Group (4) Ball</td>
<td>1.00 – 1.15 mins</td>
<td>Value 0.1 – 0.4</td>
<td>Max 2</td>
<td>ED base + 1 criteria = 0.3 max. value</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 x Jump/Leap</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 x Balance</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 x Rotation</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Category 3</td>
<td>Max age 16 years in the year of competition</td>
<td>Body Difficulties BD</td>
<td>Exchange Difficulties ED</td>
<td>Value 0.30 each</td>
<td></td>
</tr>
<tr>
<td>Trio (3) Ribbon Group (4) Ball</td>
<td>1:30 – 2.00 mins</td>
<td>Value 0.1 – 0.6</td>
<td>Min 3</td>
<td>ED base + 2 criteria = 0.4 max. value</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 x Jump/Leap</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 x Balance</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 x Rotation</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Category 4</td>
<td>12+ years in the year of competition</td>
<td>Body Difficulties BD</td>
<td>Exchange Difficulties ED</td>
<td>Maximum 1</td>
<td>Min 4</td>
</tr>
<tr>
<td>Trio (3) Hoop Group (4) Ball</td>
<td>1:45 – 2.15 mins</td>
<td>Value 0.1 – 0.4</td>
<td>Min 4</td>
<td>ED base + any criteria no limit value</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 x Jump/Leap</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 x Balance</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 x Rotation</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 optional</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Category 5</td>
<td>13+ yrs in the year of competition</td>
<td>Body Difficulties BD</td>
<td>Exchange Difficulties ED</td>
<td>Value 0.30 each</td>
<td></td>
</tr>
<tr>
<td>2 x Group routines 5 Ropes 2 Balls and 3 Hoops</td>
<td>1:45 – 2.15 mins</td>
<td>Value 0.1 – 0.4</td>
<td>Min 4</td>
<td>ED base + any criteria no limit value</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 x Jump/Leap</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 x Balance</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 x Rotation</td>
<td></td>
<td></td>
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</tr>
<tr>
<td></td>
<td></td>
<td>1 optional</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>
4. RPG – Rhythmic Performance Group

RPG has been adapted from AGG (Aesthetic Group Gymnastics). An RPG group is larger than traditional RG groups with apparatus. An RPG group has

- 6-10 gymnasts
- Maximum two members may be one year younger or one year older than the minimum or maximum age.

The Australian RPG program has five age categories in two divisions:

- **Division A:**
  - Novice any age, but only if a club is not able to enter any other age grouping
  - Junior 10-12 years
  - Senior 12-14 years

- **Division B:** 14-16 years
  - Junior 14-16 years
  - Senior 16+ years

4.1 **Technical Requirements and Rules**

RPG is a group performance where the choreography creates a story interpreted through expressive body movement:

- All three rhythmic gymnastics dominant body movement groups must be shown: leaps and jumps, rotations and balances
- All movements must be performed fluently, showing amplitude and variety in dynamics and speed
- Body elements, dance steps and dynamic moves are key aspects of the choreography
- Lifts are allowed and must show good collaboration between the athletes
- Collaborations are a key feature of all rhythmic groups – without apparatus the FIG CoP has been adapted to show how this is achieved through body movement and technical requirements.
There are a couple of additional regulations to the RG Australian Levels Program in Victoria.

### 5.1 Level 1-2 compulsory club routines

For 2020 routines for Levels 1-2 will be club choreographed to set music. In 2020, the apparatus rotation is as follows:

- **Level 1:** Freehand, rope and ball
- **Level 2:** Freehand, rope and hoop

---

<table>
<thead>
<tr>
<th>Division</th>
<th>Length</th>
<th>Body Difficulty</th>
<th>Dance Steps</th>
<th>Collaborations &amp; Formations</th>
</tr>
</thead>
</table>
| A        | 1 minute 15 sec to 2 minutes | 9 DIFFICULTIES  
5 isolated BODY SKILLS (0.1-0.4)  
1 x Jump/leap; 1 x Balance; 1 x Rotation  
+ two optional (must be different)  
4 additional ELEMENTS  
• 2 different body element series (three parts e.g. waves, contraction, swing, relaxation) = 0.3 each  
• 1 Isolated pre-acrobatic move = 0.1  
• 1 pre-acrobatic series min 2 rotations = 0.2 each | Min 2 different  
1) With large body and arm movement  
2) With passing on the floor No Max  
8 seconds required value 0.3 each | C: Min 4*  
F: 6 (assessed in artistry) |
| B        | 2 minute 15 sec to 2 minute 30 sec | 12 DIFFICULTIES  
5 isolated BODY SKILLS (any type any value)  
1 x Jump/leap; 1 x Balance; 1 x Rotation  
+ two optional (must be different)  
2 combination BODY SKILLS any type  
e.g. Leap/leap; balance/rotation;  
rotation/leap; rotation/rotation  
5 additional BODY ELEMENTS  
• 3 different body element series (three parts e.g. waves, contraction, swing, relaxation) = 0.3 each  
• 2 different pre-acrobatic series min 2 rotations = 0.2 each | Min 2 different  
1) With change of tempo  
2) With canon in the movement No Max  
8 seconds required value 0.3 each | C: Min 6*  
F: 8 (assessed in artistry) |

*See separate description for the way collaborations are formed in rhythmic performance.*

Coaches **must** refer to the FIG Code of Points for Rhythmic Gymnastics which outline the broad Artistry and Technical requirements.

Full requirements may be found on the GV website – RG Technical Information – or contact the Technical Director.

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**5. State Specific Requirements**

There are a couple of additional regulations to the RG Australian Levels Program in Victoria.

---

*See separate description for the way collaborations are formed in rhythmic performance.*
Music with words

- All routines in Levels 3-9 and Stages may use music with words (as per ALP)
- Two routines per gymnast in levels 10, Sub and Pre Jnr, Junior and Senior (as per FIG code)
- Pairs routines
- Multiples routines

Please ensure that your music selection is tasteful and age appropriate, and that it contains no bad language or inappropriate messages. This is also valid for songs in languages other than English. Routines with music deemed inappropriate will not be evaluated.

Pairs

The Victorian RG Technical Committee has decided that we will retain Pairs – both same apparatus and mixed apparatus – as an addition to the nationally recognised Trios and Groups. However, Divisions for Pairs will be based on Levels rather than Ages, as stated in the ALP for Trios and Groups. Divisions 1 & 2 for Stages will be judged as separate sections.

- Division 1 – Levels 1 & 2 & Stage 1 (Cat 1)
- Division 2 – Levels 3 & 4 & Stage 2 (Cat 2)
- Division 3 – Levels 5 & 6 (Cat 3)
- Division 4 – Levels 7 & above including Sub & Pre Jnrs (Cat 4)

All other requirements will remain the same as the corresponding Category number – Body difficulties, dance steps, collaborations, time, dynamic elements of rotation etc. except Formations.

- Division 1 may only perform FX and same apparatus routines.
- Divisions 2, 3 & 4 may only perform same or mixed apparatus routines.
- The Technical Committee reserves the right to combine/delete categories/divisions in order to ensure financial viability of the event. This may mean that a gymnast competes “against herself” if performing in both same and mixed apparatus.
- Gymnasts may compete in more than one division/category of pairs (depending on level restrictions – gymnast may compete in a division higher than their current level but not lower).

Multiples

Gymnasts may compete in more than one category of group or trio (depending on age restrictions). Stages gymnasts may compete in Categories but will be judged as a separate section.

Gymnasts may compete in more than one division/category of pairs (depending on level restrictions – gymnasts may compete in a division higher than their current level, but not lower).

There are no qualifying criteria for Multiple or PRG routines at the Victorian Multiple Championships.

The Senior Victorian Championships is the primary competition for Pre-Junior, Junior and Senior Groups and the venue where State Championship Groups are recognised. If groups in these categories wish to display their routines for the following year for judging analysis and competition practice they may do so, however no medals will be awarded.

The FIG Code of Points is the governing manual for Pre-Junior, Junior and Senior Groups. The RG Australian Levels Program (ALP) is the governing manual for all other Categories and Divisions.

Note: there are occasions when a pair/trio/group may be unable to compete due to the absence of a member of the pair/trio/group. The combination may then change to a pair/trio/group but all members must compete in their respective age categories/levels. If any members are found to be ineligible for the competing section, no awards will be given to that combination.
In some instances it is allowed for a member of another pair/trio/group to compete twice in order to allow the remaining gymnasts of a defunct combination to perform but that combination will also be ineligible for awards. The gymnast/s competing twice will be understood as being a member of the combination listed on the entry form, not the combination to which they are added.

5.5 Minimum and maximum ages – all levels
The ALP and the grid relating to all Levels give minimum and maximum ages for various levels. Please note that these ages will be adhered to rigorously. Coaches, please check at the beginning of the year and ensure that your gymnasts are competing in the correct level.

5.6 Routines and Optional elements levels 3-6
The optional elements allowed in Levels 3-6 may be selected to suit each gymnast, however the routine remains a club routine (apparatus only), using the same music and choreography (except for those particular difficulties).
Example: The gymnast performs dance steps, dynamic rotation, then comes an optional difficulty – a balance – every gymnast must at this point perform a balance, which may be either the same or different to the other gymnasts from that club. Please note the difficulty values designated for each level.
FX routines may be fully optional.

6. Qualification Criteria

6.1 International Stream and State Team Selection
Refer to Selection Policy on the Gymnastics Victoria website.
All gymnasts wishing to be considered for selection to the State Team will be required to complete and submit a nomination form by the due date which will available on the GV website from February.
In 2020 there is no upper limit on Difficulty scores for Sub Jnr, Pre Jnr, Level 10, Junior or Senior levels.

The following qualification scores are valid for gymnasts wishing to be considered for the Victorian Senior Championship in 2020:

<table>
<thead>
<tr>
<th>Level</th>
<th>Qualifying score</th>
<th>Average routine score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior International</td>
<td>36.00</td>
<td>9.00</td>
</tr>
<tr>
<td>Level 10</td>
<td>34.00</td>
<td>8.50</td>
</tr>
<tr>
<td>Junior International</td>
<td>32.00</td>
<td>8.00</td>
</tr>
<tr>
<td>Pre-Jnr</td>
<td>28.00</td>
<td>7.00</td>
</tr>
<tr>
<td>Sub-Jnr</td>
<td>26.00</td>
<td>6.50</td>
</tr>
<tr>
<td>Senior Group</td>
<td>18.00</td>
<td>9.00</td>
</tr>
<tr>
<td>Junior Group</td>
<td>14.00</td>
<td>7.00</td>
</tr>
<tr>
<td>Pre-Jnr Group</td>
<td>12.00</td>
<td>6.00</td>
</tr>
</tbody>
</table>
The following qualification scores are valid for gymnasts wishing to be considered for the Victorian team in 2020:

<table>
<thead>
<tr>
<th></th>
<th>Qualifying score</th>
<th>Average routine score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior International</td>
<td>44.00</td>
<td>11.00</td>
</tr>
<tr>
<td>Level 10</td>
<td>40.00</td>
<td>10.00</td>
</tr>
<tr>
<td>Junior International</td>
<td>38.00</td>
<td>9.50</td>
</tr>
<tr>
<td>Pre-Jnr</td>
<td>36.00</td>
<td>9.00</td>
</tr>
<tr>
<td>Sub-Jnr</td>
<td>34.00</td>
<td>8.50</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Qualifying score</th>
<th>Average routine score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior Group</td>
<td>24.00</td>
<td>12.00</td>
</tr>
<tr>
<td>Junior Group</td>
<td>20.00</td>
<td>10.00</td>
</tr>
<tr>
<td>Pre-Jnr Group</td>
<td>16.00</td>
<td>8.00</td>
</tr>
</tbody>
</table>

6.2 **Qualification Criteria for Levels 3-9**

In order to progress through the levels from level 3 to level 9 and be eligible to obtain a relevant Levels badge (at a cost), Victorian Rhythmic gymnasts must compete all apparatus for that level in one competition – this could be either an Invitational, ratified by the Technical Committee and overseen by appropriately qualified judges, or the Victorian Junior or Intermediate Championships.

Host Club sends a complete breakdown of all the judges’ marks and scores to Judging Coordinator immediately after the competition. All score sheets are given to the Judging Coordinator or her representative, or if not available, sent to the Judging Coordinator, who will check that the gymnasts have completed all apparatus. Once results have been confirmed, the Judging Coordinator forwards results to GV and Attending Clubs.

Attending Clubs may then submit an LAT application (including payment) to GV using the RG LAT Form. Once the application and payment have been received, GV will update the athletes’ records in iMIS and send a congratulations letter out to the Attending Clubs with the relevant badges for distribution to their gymnasts.

7. **VRG**

The purpose of the Victorian RG Training Squad is to provide specialised training for selected RG gymnasts. A series of workshops will be conducted each year, with the aim to improve all aspects of the gymnast’s performance and training.

Workshops will include a combination of practical sessions and lectures. Victorian RG Training Squad coaches will assist gymnasts with strength, skills and competition preparation. Routines will continue to be choreographed independently by the gymnast’s club.

 Updating points are available for all participating coaches and judges. We encourage you to come along. Contact the RG Performance Coordinator via the GV office for details on venue and times.

7.1 **VRG Squad Selection**

RG Squad: The top 3 gymnasts from Levels 3-6 and Stages 1 and 2 at the Victorian Junior and Intermediate RG Championships will be selected.

One scholarship place will also be offered to participating clubs to be given to a gymnast of their choice.
The selected gymnasts will be invited to attend the series of 4 workshops per year free of charge. In addition, new members of the squad will be given a free VRG Squad t-shirt.

Positions in the squad will remain current until the following Junior or Intermediate Victorian Championships.

Non-members of the squad are also encouraged to participate in selected workshops but will be charged a nominal fee.

7.2 **2020 Squad Workshops**
Term 1: 16 Feb at Glen Iris Gymnastics
Term 2: TBA
Term 3: TBA
Term 4: 2020/2021 Squad

7.3 **Judges/Coaches**
Judges and Coaches are expected to set an example at competitions by obeying all rules concerning behaviour and dress code.

If a judge or coach is not upholding the regulations, they may be removed from their position on the Judging Panel or the Competition Floor respectively.

Please check Policies on the GV website for further information.

8. **Events**

8.1 **Victorian Events**
Clubs must supply a minimum of one appropriately qualified, accredited & updated judge per session into which they are entered.
A club that consistently abuses this rule may face a fine or other penalty. If a club does not supply a judge they may approach an independent judge to judge on their behalf and pay that judge accordingly. If the situation is not remedied or the club regularly does not supply a judge, or they nominate judges they know are not qualified to judge the levels being performed, they will be fined $200 in order for an independent judge to be brought in to make up a panel. A club may not continuously nominate a judge to the position of time/line as an alternative to an appropriately qualified judge. Clubs must communicate with their nominated judges prior to the entries being submitted in order to ascertain that the nominated judge is in fact available.

Clubs that are not able to provide a judge are able to apply to the TC for a waiver. The waiver form can be found on the GV website and submitted to the Judging Coordinator.

Each host club must supply an assistant to the floor manager.

Parents are not permitted in the warm up area. If a parent enters the warm up area the gymnast will receive a 0.5 deduction from their next routine.

Please remember to check the GV Events Handbook, found on the GV website, in conjunction with GV Year Book and updated information noted in the RG Technical Information section of the GV website.

Also check the RG Technical Regulations, found on the GA website, as changes occasionally occur mid-year. Information re National Clubs can be found on the GA website.
8.2 **Interstate and International Events**

Looking for more events? There are plenty on offer around Australia and overseas.

8.2.1 **Interstate events**

Each state hosts a calendar of events for Rhythmic Gymnasts – Check each State Association website for event and entry details. There should also be a link on the GA website under RG Technical Information for a Google calendar with competitions across different states.

Teams intending to travel to events interstate must notify the Victorian RG Technical Committee using the Sanction Application Form available on the Technical Information page of the GV Website.

8.2.2 **International events**

Teams intending to travel to international events must seek sanction from the State RG TC and the National RG Commission, using the Sanction Application Form available on the Technical Information Pages of the GV Website.

There are many international events available for Australian gymnasts to enter, events for both national & international teams.
Check the Gymnastics Australia and FIG websites.

8.2.3 **Tips & traps**

Check event requirements well in advance. You may need to plan a full year ahead! Different states/countries have different requirements and different apparatus rotations so make sure that you are well prepared.

Set your expectations realistically.

Keep communication lines open.

Please note: there have been amendments to several areas of the ALP – please ensure that you have checked the GA RG Technical Regulations and noted the alterations in the corresponding sections in your ALP.
Trampoline Gymnastics

The information published in the following section shall remain in force for the current year to December 31. Information contained herein is discipline specific and as such should be read in conjunction with the following documents where applicable:

- Technical Committee Statutes
- FIG Code of Points for Trampoline Sports
- National Program Manual & Technical Regulations
- Current National Levels Program Handbook
- The Business section of this Year Book
- The Events Handbook
- Gymnastics Victoria Website

Technical Updates are provided on the Gymnastics Victoria website and in the monthly Technical Bulletin.

1. Trampoline Technical Committee
   The Victorian Trampoline Technical Committee is the advising body for the technical rules of the sport in Victoria. As such the technical committee is bound by the technical committee code of conduct.

2. Working with Children Check
   It is Gymnastics Victoria policy and a legal standard to sight a current, valid Working with Children Check (WWCC) or Victorian Institute of Teachers (VIT) card from all coaches, judges, officials, vendors and volunteers at all Gymnastics Victoria competitions.

   At all Gymnastics Victoria events:
   - All coaches, judges, officials, vendors and volunteers are required to present themselves to an authorised person with their current and valid WWCC or VIT card (and photo ID) and complete the sign in sheet per day of competition prior to access to the field of play;
   - It is a requirement for coaches and judges to include their Technical Membership number when signing in;
   - Coaches, judges, officials, vendors and volunteers must be easily identifiable on the field of play by means of either a wristband or stamp to ensure they have presented their WWCC or VIT; and
   - WWCC and VIT cards must be presented visually. A number alone is not sufficient, however a clear photograph of the card (on a mobile phone or similar) will satisfy the requirement. Persons under 18 are not required to have a WWCC, however it is highly recommended.
   - Personnel required to present their WWCC are encouraged to take an image of the front and back of their card in case of misplaced/lost WWCC card.

   Coaches, judges, officials, vendors and volunteers unable to provide a current and valid WWCC or VIT card at all 2020 GV Events or other events will NOT be permitted access to the field of play or to continue in their role at the event, and will NOT be eligible to receive updating points or a judge honorarium.

   Coaches and judges must sign in with their current and valid WWCC or VIT card and their current Technical Membership number in order to receive updating points and payment (where required). Where a person has not included this information on the sign in sheet, they will not receive updating points or payment.
3. **Breaches in Rules**
   Breaches in behaviour will be dealt with by the technical committee either at the event or at their next meeting immediately following the event and may result in but is not limited to:
   - A warning letter
   - Disqualification from the event in question or future events
   - Disqualification from selection for the state team

4. **Athletes**

4.1 **Registration**
   All athletes must be registered with a club and members of Gymnastics Victoria/Gymnastics Australia for the current year.

4.2 **Dress**
   Athletes must abide by the dress requirements laid out in section 6 of the FIG code of points with the following notes and exceptions:
   - Men are permitted to wear dark black or navy trousers.
   - Athletes competing in levels 1-3S in club Invitational level stream events may wear shorts and T-shirt or singlet. The T-shirt or singlet should be tucked in.

4.3 **Competition Etiquette**
   Athletes must abide by the codes of behaviour laid out by Gymnastics Victoria and Gymnastics Australia.

5. **Coaches**
   Please be aware that all Coaches are bound by the Gymnastics Victoria Codes of Behaviour, Child Protection Code of Conduct and Child Safe and Child Friendly Policy.

5.1 **Registration & Qualification**
   - All coaches on the competition floor at official events must be currently registered members of Gymnastics Victoria and may be required to provide evidence of this.
   - Coaches must hold a current trampoline accreditation in line with the level of the athletes they are supervising as outlined in the coaching framework.
     - MAG and WAG coaches may also coach tumbling at club and state events within their current accreditations.
   - Coaches must not coach above the recommended levels without formal supervision and training.
   - Coaches must sign the coaches’ register at all events to receive updating points.
     - Updating points will only be credited for judging or coaching in any one session, not both.
   - Coaches must seek to maintain up to date knowledge of current coaching, strength and conditioning techniques.

5.2 **Dress**
   - Coaches must wear club or state team uniform as appropriate whilst on the competition floor.
   - Respectable shorts may be worn during warm weather provided they are in keeping with the club or state uniform.
   - Watches or jewellery must not be worn for safety reasons; plain wedding bands may be worn if taped.
   - Exceptions may be made for coaches who are also judging at the event, in which case judging uniform is accepted but it is recommended that flat shoes and trousers are worn.
5.3 **Competition Etiquette**
- Coaches are responsible for ensuring that their athletes abide by competition rules and codes of conduct.
  - Coaches must not act in an intimidating or unsporting manner and must honour the coaches’ code of ethics.

6. **Judges**
Please be aware that all Judges are bound by the Gymnastics Victoria Codes of Behaviour, Child Protection Code of Conduct and Child Safe and Child Friendly Policy.

6.1 **Registration & Qualification**
- All judges on the judging panel at official events must be currently registered members of Gymnastics Victoria and may be required to provide evidence of this.
- Judges must hold a current trampoline accreditation in line with the level of competition they are judging as outlined in the judging framework.
- Prior to progression to the next accreditation level judges should ensure that they have had sufficient experience at their current level in a variety of roles and are encouraged to engage in professional development activities to develop their expertise.
- Judges must sign the judges’ register at all events to receive updating points.
  - Updating points will only be credited for judging or coaching in any one session, not both.

6.1.1 **Judges’ Courses**
- Details of upcoming judging courses may be found on the Gymnastics Victoria website
- FIG continental courses are held every four years following the Olympic Games
  - Judges at an Advanced level may generally attend either as a candidate or an observer
  - Expressions of interest forms will be made available for judges wishing to participate; selection will be based on judge’s contributions to education, and judging at National & State events

6.2 **Dress**
- Judges uniform must be worn at all sanctioned events
- Judges uniform is as follows:
  - Smart casual clothes are acceptable at Interclub competitions
  - At Victorian Championships the following is required:
    - Plain navy (or black) blazer
    - Plain navy (or black) trousers/skirt
    - White shirt or a white blouse
    - Dark coloured shoes
  - Club-branded clothing should not be worn on judging panels
- Exceptions may only be made with the permission of the Judging Coordinator or judging representative.
- Exceptions may be made for athletes who are judging and competing in the same session. Athletes will be expected to change into uniform for subsequent sessions

6.3 **Competition Etiquette**
Judges must not act in an intimidating or unsporting manner and must honour the judges’ oath and code of ethics.
7. **Officials and Volunteers**

7.1 **Registration & Qualification**
- Officials e.g. spotters, marshals and scorers, need not be full members of Gymnastics Victoria
- Officials should be trained by their club for the role which they are fulfilling
- Spotters should have completed a spotter’s workshop
- All are required to have a current WWCC

7.2 **Dress**
Dress should be appropriate for the official’s assigned role:
- Spotters & Marshalls:
  - Tracksuit pants
  - Running shoes
  - No jewellery
- Scorers:
  - As for judges or smart dress

7.3 **Competition Etiquette**
Officials must not act in an intimidating or unsporting manner.

8. **National Levels Program (NLP)**
GV participates in the National Levels Program, which is structured in 10 levels of proficiency in Trampoline, DMT and Tumbling. The NLP Manual is available for purchase from Gymnastics Australia.

8.1 **Purpose**
The general format of the National Levels Program is based on the establishment of:
- A structured skill acquisition program.
- A development program to establish performance techniques, commensurate with the progress required to attain the higher proficiency levels and an all-round skill development.
- An increasing standard of performance for typical competition type routines or passes, relative to each level and discipline.

8.2 **Examination process**
Testing may be undertaken as specified below:
- Level 1-2  In the club environment
- Level 3-4  During a competition in the club environment
- Level 5-10  At sanctioned competitions

Testing must be by qualified examiners as specified below:
- Levels 1-2  Accredited Beginner trampoline judge
- Levels 3-4  Accredited Intermediate trampoline judge
- Levels 4-6  Accredited Intermediate trampoline judge
- Levels 7-10  Accredited Advanced judge
8.3 Processing levels

Processing levels 1-4:
- Applications for registration for an award must be made direct to the GV Office.
- All applications must be on the official GV Application Form and must contain all required data and be countersigned by the Examiner.
- The correct registration fee and the completed test Sheet, showing the effective date of the test must accompany all applications.
- No award will be recognised unless formal application has been made to GV.
- Clubs are responsible for keeping levels up to date on iMIS. The Trampoline Technical committee will check levels before accepting Levels Allstars entries.

Processing Levels 5 and above:
- For Level 5 and above applications, clubs must also forward a copy of the competition results sheet for the athletes with the applications.
- Applications for Level 5 and above will be authenticated by the TRP Coaching Coordinator before being issued.

8.4 Bypassing Levels

Athletes who have achieved at least Level 4 in another gymnastic discipline within the previous 2 years may bypass levels 1-3.

In these circumstances, the examiner must:
- Test the athlete for proficiency at levels 1-4
- Submit to GV the necessary paper work for levels 1-4 as per the NLP. A fee for bypassing levels will apply. The athlete will receive the badge of their new level, not those of the skipped levels

Athletes who have participated in a trampoline program provided by another national federation may bypass levels on provision of evidence of their current level in that federation. This must be sanctioned by the Technical Committee.

8.5 Validation of Levels

- All levels will be valid for the year of attainment and the calendar year following.
- Re-validation will be automatic provided the athlete competes in a sanctioned competition or event.
- Athletes whose level has lapsed due to inactivity may re-enter the scheme at their previous level or a lower level by re-qualifying and re-registering the award in the normal manner.
### 8.6 Victorian Interclub and Levels Allstars Rules - Double Mini Trampoline Levels 1 - 3S

<table>
<thead>
<tr>
<th>Level</th>
<th>Requirements</th>
</tr>
</thead>
</table>
| **Level 1** | - Maximum degree of difficulty = 0.0  
- Recommended passes:  
  - Straight jump  
  - Tuck jump  
  - Tuck jump  
  - Piked straddle jump  
  - Piked straddle jump  
- Athletes must contact the mount bed of the DMT with two feet simultaneously or a deduction of 0.5 will be applied to the overall score  
- Before initiation of the first skill each additional straight jump will incur a penalty of 0.5 from the overall score  
- Additional straight jumps performed in between the two pass skills will be considered an interruption.  
- A single penalty of 0.9 will be applied to total score for speaking to the athlete during each pass |
| **Level 2** | - Maximum degree of difficulty = 0.4  
- Athletes must perform one pass containing a skill with a minimum of 180° of twist (no somersault)  
- Athletes who do not meet the above requirement will incur a penalty of 1.0 from each execution judge for the missing requirement  
- Athletes must contact the mount bed of the DMT with two feet simultaneously or a deduction of 0.5 will be applied to the overall score  
- A single penalty of 0.9 will be applied to total score for speaking to the athlete during each pass |
| **Level 3** | - Maximum degree of difficulty = 1.8  
- Athletes must perform a skill with a minimum of 180° of twist in both passes  
- Athletes must not perform any skill of 360° or more of somersault rotation in any pass  
- Athletes who do not meet the above requirement will incur a penalty of 1.0 from each execution judge for the missing requirement |
| **Level 3S** | - Maximum degree of difficulty = 1.8  
- Both passes must have a difficulty score value greater than 0.1  
- One pass must contain a skill of a minimum of 360° of somersault rotation  
- Athletes who do not meet the above requirement will incur a penalty of 1.0 from each execution judge for the missing requirement |
### 8.7 Victorian Interclub and Levels Allstars Rules Individual Trampoline Levels 1-3S

<table>
<thead>
<tr>
<th>Level 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Athletes are to perform the following 5 skill routine <strong>TWICE</strong></td>
</tr>
<tr>
<td>1. Seat Landing</td>
</tr>
<tr>
<td>2. To Feet</td>
</tr>
<tr>
<td>3. Tuck Jump</td>
</tr>
<tr>
<td>4. Half (½) twist Jump</td>
</tr>
<tr>
<td>5. Piked Straddle Jump</td>
</tr>
<tr>
<td>• DD = 0.1</td>
</tr>
<tr>
<td>• A single penalty of 0.6 will be applied to total score for speaking to the athlete during each routine</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Level 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Athletes are to perform the following compulsory 10 skill routines</td>
</tr>
<tr>
<td>1. Ten (10) skill first voluntary routine as follows:</td>
</tr>
<tr>
<td>1. Seat Landing</td>
</tr>
<tr>
<td>2. ½ Twist To Feet</td>
</tr>
<tr>
<td>3. Tuck Jump</td>
</tr>
<tr>
<td>4. Front Landing</td>
</tr>
<tr>
<td>5. To Feet</td>
</tr>
<tr>
<td>6. Pike Jump</td>
</tr>
<tr>
<td>7. ½ Twist Jump</td>
</tr>
<tr>
<td>8. Piked Straddle Jump</td>
</tr>
<tr>
<td>9. Back Landing</td>
</tr>
<tr>
<td>10. To Feet</td>
</tr>
<tr>
<td>• DD = 0.6</td>
</tr>
<tr>
<td>2. Ten skill optional second voluntary routine with no skills of greater than 180° of somersault rotation</td>
</tr>
<tr>
<td>• Maximum Degree of Difficulty of 1.1</td>
</tr>
<tr>
<td>• A single penalty of 0.6 will be applied to total score for speaking to the athlete during each routine</td>
</tr>
</tbody>
</table>
### Level 3

- Athletes are to perform the following two routines
  1. Ten (10) skill first voluntary routine as follows:
     1. ½ Twist to Front Landing
     2. To Feet
     3. Full Twist Jump
     4. Tuck Jump
     5. ½ Twist to Seat Landing
     6. ½ twist to seat landing (swivel hips)
     7. ½ Twist to feet
     8. Piked Straddle Jump
     9. Back Landing
    10. ½ twist to feet
        - DD = 1.1

  2. Ten skill optional second voluntary routine with no skills of greater than 180° of somersault rotation
     - Maximum degree of difficulty of 2.8
     - Athletes cannot achieve pass scores for Level 3 in this level

### Level 3S

- Athletes are to perform the following two routines
  1. Ten (10) skill first voluntary routine as follows:
     1. ½ Twist to Front Landing
     2. To Feet
     3. Full Twist Jump
     4. Tuck Jump
     5. ½ Twist to Seat Landing
     6. ½ twist to seat landing (swivel hips)
     7. ½ Twist to feet
     8. Piked Straddle Jump
     9. Back Landing
    10. ½ twist to feet

  2. Ten skill optional second voluntary routine with one skill of a minimum of 270° somersault rotation
     - Maximum degree of difficulty of 2.8
     - Athletes must compete in this level to achieve a pass score for Level 3
     - Athletes who do not meet the above requirement will incur a penalty of 1.0 from each execution judge for the missing requirement
## 8.8 Victorian Interclub and Levels Allstars Rules - Tumbling Levels 1-3S

### Level 1
- Athletes are to perform the following compulsory 5 skill passes
  1. Forward Roll
  2. Forward Roll
  3. Jump ½ Turn
  4. Backward Roll
  5. Straight Jump

- A single penalty of 0.9 will be applied to total score for speaking to the athlete during each pass

### Level 2
- Athletes are to perform the following compulsory 5 skill passes
  1. Handstand forward roll
  2. Cartwheel
  3. Cartwheel
  4. Round Off
  5. Straight Jump

- A single penalty of 0.9 will be applied to total score for speaking to the athlete during each pass

### Level 3
- Athletes are to perform the following compulsory 5 skill passes
  1. Round off
  2. Jump ½ Turn Step Out
  3. Cartwheel
  4. Round Off
  5. Straight Jump

### Level 3S
- Athletes are to perform the following compulsory 5 skill passes
  1. Round off
  2. Flic
  3. Jump ½ turn step out
  4. Round Off
  5. Straight Jump

- DD = 0.4
9. Events

9.1 Competition Streams

Competitions will be provided in the following streams:

<table>
<thead>
<tr>
<th>Event</th>
<th>State Levels Stream</th>
<th>National Levels Stream</th>
<th>International Stream</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual Trampoline</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Synchronised Trampoline</td>
<td>×</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Double Mini Trampoline</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Tumbling</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Team</td>
<td>×</td>
<td>✓</td>
<td>✓</td>
</tr>
</tbody>
</table>

- All events are subject to the availability of suitable venues, equipment, and officials.
- Athletes may choose to compete in either Levels stream, National stream or International stream for any one discipline.
- Coaches are responsible for selecting the appropriate stream for their athletes. For example, it would be inappropriate for athletes that compete in National stream at State Team Trials to compete in Levels stream at the Victorian State Championships & Levels All Stars.
- Athletes must only compete in the age category for which they are eligible in the International Stream.
- Athletes may compete in the age category above in synchronised events but may not compete across streams.
- Athletes may compete in Levels stream events in the current level held or one above
- Scores for qualification for state team may not be obtained in Levels stream events.

9.2 Events

9.2.1 Victorian Championships

Information available in Events Handbook

9.2.2 State Team Qualifiers

Clubs host qualification events for male and female National and International Stream athletes in the following disciplines:
- Individual Trampoline
- Double Mini Trampoline
- Tumbling

Not all disciplines may be provided at an event; this information is made available on the GV Website. These events provide an opportunity for National and International Stream athletes to obtain qualification scores to be considered for selection to the Victorian State Team. Dates for qualification events are determined by the Technical Committee and clubs must apply to host the event. These events may be held prior to or following a club Invitational event but are separate events.

9.2.3 Levels All Stars

Information available in Events Handbook
9.2.4 Club Invitationals

Clubs conduct Invitational events for male and female Levels stream athletes in the following disciplines:

- Individual Trampoline
- Double Mini Trampoline
- Tumbling

These events provided a base level of competition for Levels stream athletes in a friendly environment. Clubs are encouraged to apply to the TC to host an Invitational event. These events may be held prior to or following a State Team Trial event but they are discrete and separate events.

9.3 Event Rules

9.3.1 Eligibility

- All athletes must be current registered members of their State Association.
- Athletes attending from interstate must have sanction from their State governing body.

9.3.2 Officials

- All officials should be members of their state governing body and hold a current Working With Children Check.

9.3.2.1 Judges

Attending clubs must provide a minimum of 1 judge per 7 athletes.

Judges supplied must hold appropriate accreditation

- Level stream levels 1-2 Beginner Judges
- Levels stream levels 3-6 Intermediate Judges
- National Stream Intermediate Judges
- International Stream Advanced Judges
- Panels may include lower level judges to facilitate judge development and only within the rules permitted by the National Commission for State Team Selection Panels.
- Clubs must provide their designated judges across the whole event.
- New clubs will be provided with a grace period to enable them to develop judges of sufficient proficiency. This must be applied for in writing to the Judging Coordinator prior to close of entries.
- Judges are required to wear navy or black suits as per FIG regulations.
- It is a requirement that judge panels are prepared in accordance with standards laid out by the national commission.

9.3.2.2 Coaches

- All athletes must be supervised by a coach at all times.
- Coaches must hold at minimum intermediate trampoline or tumbling accreditation.
- Beginner coaches may be on the competition floor only under the direct supervision of an intermediate coach or higher.
- Coaches are required to wear club uniform.
9.3.3 **Routine Sheets**

Routine Sheets are available for download from the Gymnastics Victoria Website including prefilled Routine Sheets for levels 1-3S trampoline and tumbling.

- Routine Sheets must be submitted for all events at the place and time designated by the event organising committee
- Routine Sheets must be written in FIG numeric code and include the difficulty values of skills, required elements should be marked with an asterisk
- Routine Sheets for levels 1-3S may be written in English

9.3.4 **Uniform**

Athletes must wear club uniform in preliminary rounds of all events; optional uniform may be worn for finals at the discretion of their head coach or team manager.

Athlete dress must conform to the standards laid out in the FIG code of points with the following exceptions:

- Male trampoline gymnasts are permitted to wear dark longs e.g. Navy or black
- Athletes competing in levels 1-3S may wear a close fitting club singlet or t-shirt (tucked in) and shorts

9.3.5 **Competition Rules**

Competition will be conducted according to the FIG code of points, the Trampoline Gymnastics Technical Commission Regulations Part B – Technical Regulations 2019 document and the Trampoline Gymnastics 2017 and Beyond Australian Levels Program.

All exceptions to these rules will be outlined in this document.

9.3.6 **Competition Schedule**

Competition schedule will be prepared by the host club or organising committee (Victorian Championships & Levels All-Stars).

Flights should be arranged to contain 10-16 athletes:

- Age or level groups or male and female events may be combined to meet the minimum number of athletes.
- Events from different streams should not be combined

Flight warm up for levels 3-6, National Stream and International stream should be planned to facilitate 5 warm-up turns for each athlete. Athletes may have further turns between the competition routines, if desired by the hosting club.

Flight warm up for levels 1-2 should be planned to facilitate 3 warm-up turns

- Level 1-2 athletes may remain on the trampoline and compete first and second routines consecutively.
9.4 International Stream Event Rules

9.4.1 Eligibility
The following minimum age restrictions apply:
- Youth International: 11 years old in the year of competition
- Junior International: 15 years old in the year of competition
- Senior International: 17 years old in the year of competition

Athletes may not return to National stream once they have achieved a qualification score in International stream until after the Australian Championships.

9.4.2 Routine Requirements
Routine requirements are as laid out in the Trampoline Gymnastics Technical Commission Regulations Part B – Technical regulations document.

Deviations from the requirements will result in deductions as per FIG Code of points.

9.4.3 Finals
Finals will only be contested at the Victorian State Championships & Levels All-Stars Event.
The best 8 athletes from the preliminary round will contest the final (or best 10 where the number of athletes is 30 or more).
The final must include the best 8 residential athletes.
Finals will be cumulative and not a ZERO start.
Finals will comprise: one trampoline routine, two double mini trampoline passes, one tumbling pass (Youth & Junior International) or two tumbling passes (Senior International) as appropriate for the event.
- For Double Mini Trampoline preliminary passes may not be repeated for finals.

9.5 National Stream Event Rules

9.5.1 Eligibility
Athletes who have attained a qualifying score in International stream may not compete in National Stream events until after the National Clubs Championships. For more detail please see current Gymnastics Australia Technical Regulations.

9.5.2 Routine Requirements
Routine requirements are as laid out in the Trampoline Gymnastics Technical Commission Regulations Part B – Technical regulations document.

Deviations from the requirements will result in deductions as per FIG Code of points.

9.5.3 Finals
Finals will only be contested at the Victorian State Championships & Levels All-Stars Event.
The best 6 athletes from the preliminary round will contest the final (or best 10 where the number of athletes is 30 or more).
The final must include the best 6 residential athletes.
Finals will be cumulative and not a ZERO start.
Finals will comprise: one trampoline routine, two double mini trampoline passes, one tumbling pass as appropriate for the event.
- For Double Mini Trampoline preliminary passes may not be repeated for finals.
9.6 Levels Stream Event Rules

9.6.1 Eligibility
The following minimum age restrictions apply:
- 5 years old in the year of competition

Athletes must compete in the level they have passed or one above.
Athletes who have attained a pass score in level equivalent to their current National Stream age category may not compete in Level Stream events until after the National Clubs Championships.

9.6.2 Routine Requirements
Routine requirements are as laid out in the Trampoline Gymnastics 2017 and Beyond Australian Levels Program with the following exceptions:
- Trampoline athletes competing in level 2 are required to compete the routines as prescribed above in section 8.7
- Tumbling athletes in competing in level 1-3S must compete the passes as prescribed above in section 8.8

Deviations from the requirements will result in deductions as per FIG Code of points.
Complete routines or passes are subject to a maximum and minimum difficulty.
- Complete routines or passes that do not meet the minimum difficulty will have a deduction. This deduction is equal to the difficulty deficit and will be deducted by the execution judges.
- Routines or passes that exceed the maximum difficulty will have the difficulty capped at the maximum. The full difficulty value will be recorded in the comments section on the competition database.
- For finals only the maximum difficulty applies.
- The maximum difficulty for a finals pass in tumbling is as follows:

<table>
<thead>
<tr>
<th>Level 4</th>
<th>Level 5</th>
<th>Level 6</th>
<th>Level 7</th>
<th>Level 8</th>
<th>Level 9-10</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.2</td>
<td>1.8</td>
<td>2.4</td>
<td>2.9</td>
<td>Unlimited</td>
<td></td>
</tr>
</tbody>
</table>

9.6.3 Finals
Finals will only be contested at the Victorian State Championships & Levels All-Stars Event.
The best 6 athletes from the preliminary round will contest the final (or best 10 where the number of athletes is 30 or more).

The final must include the best 6 residential athletes.
Finals will be cumulative and not a ZERO start.
Finals will comprise: one trampoline routine, two double mini trampoline passes, one tumbling pass as appropriate for the event.
- In Double Mini Trampoline finals, preliminary passes may not be repeated for finals.
- In Trampoline finals athletes in levels 1 and 2 may compete their level routine or A level routine, athletes in level 3 and above may compete an optional routine.
- In Tumbling finals athletes in levels 1-3S may select one pass from the two passes at their level. Athletes in level 4 and above may compete an optional pass, no repeats are considered.
10. **State Team**
Refer to State Team Handbook and associated policies on the Gymnastics Victoria website. All members wishing to be considered for selection to the State Team will be required to complete and submit a nomination form by the due date which will available on the GV website from February.

10.1 **Team Captains**
- Team captains are selected by the head coach, team manager and technical director prior to the first State Team training session.
- The responsibilities of captains and vice captains will be to:
  - Assist team management with overall team discipline and organisational matters
  - Actively assist coaches on the competition floor by supporting athletes
  - Assist team management in organising trampoline spotters
  - Promote team spirit
Team captains are only selected if it is appropriate and variations may be made depending on the requirements of the team.

10.2 **Minimum Age Restriction**
The minimum age to be a member of the Victorian Trampoline Sports State Team is turning 10 years old by 31st December in the year of competition.
The information published in the following section shall remain in force for the current year to December 31. Information contained herein is discipline specific, and as such should be read in conjunction with and as part of the following documents (where applicable):

- The Technical Statutes
- National Program Manuals/Technical Regulations
- Code of Points
- The Constitution of Gymnastics Victoria
- The Business section of this Year Book
- The Events Handbook
- The GV website

The regulations are based on the Gymnastics Australia National Stream Rules. Should a situation arise that is not covered by the Victorian AER Statutes and this Year Book, then the GA Technical Regulations will apply.

Technical Updates are provided on the Gymnastics Victoria website and in the monthly Technical Bulletin.

1. **AER Technical Committee**
   The Victorian AER Technical Committee is the advising body for the technical rules of the sport in Victoria.

2. **Working with Children Check**
   It is Gymnastics Victoria policy and a legal standard to sight a current, valid Working with Children Check (WWCC) or Victorian Institute of Teachers (VIT) card from all coaches, judges, officials, vendors and volunteers at all Gymnastics Victoria competitions.

At all Gymnastics Victoria events:

- All coaches, judges, officials, vendors and volunteers are required to present themselves to an authorised person with their current and valid WWCC or VIT card (and photo ID) and complete the sign in sheet per day of competition prior to access to the field of play;
- It is a requirement for coaches and judges to include their Technical Membership number when signing in;
- Coaches, judges, officials, vendors and volunteers must be easily identifiable on the field of play by means of either a wrist band or stamp to ensure they have presented their WWCC or VIT; and
- WWCC and VIT cards must be presented visually. A number alone is not sufficient, however a clear photograph of the card (on a mobile phone or similar) will satisfy the requirement. Persons under 18 are not required to have a WWCC, however it is highly recommended;
- Personnel required to present their WWCC are encouraged to take an image of the front and back of their card in case of misplaced/lost WWCC card.

Coaches, judges, officials, vendors and volunteers unable to provide a current and valid WWCC or VIT card at all 2020 GV Events or other events will NOT be permitted access to the field of play or to continue in their role at the event, and will NOT be eligible to receive updating points or a judge honorarium. Coaches and judges must sign in with their current and valid WWCC or VIT card and their current Technical Membership number in order to receive updating points and payment (where required). Where a person has not included this information on the sign in sheet, they will not receive updating points or payment.

Aerobic Gymnastics

The information published in the following section shall remain in force for the current year to December 31. Information contained herein is discipline specific, and as such should be read in conjunction with and as part of the following documents (where applicable):

- The Technical Statutes
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At all Gymnastics Victoria events:

- All coaches, judges, officials, vendors and volunteers are required to present themselves to an authorised person with their current and valid WWCC or VIT card (and photo ID) and complete the sign in sheet per day of competition prior to access to the field of play;
- It is a requirement for coaches and judges to include their Technical Membership number when signing in;
- Coaches, judges, officials, vendors and volunteers must be easily identifiable on the field of play by means of either a wrist band or stamp to ensure they have presented their WWCC or VIT; and
- WWCC and VIT cards must be presented visually. A number alone is not sufficient, however a clear photograph of the card (on a mobile phone or similar) will satisfy the requirement. Persons under 18 are not required to have a WWCC, however it is highly recommended;
- Personnel required to present their WWCC are encouraged to take an image of the front and back of their card in case of misplaced/lost WWCC card.

Coaches, judges, officials, vendors and volunteers unable to provide a current and valid WWCC or VIT card at all 2020 GV Events or other events will NOT be permitted access to the field of play or to continue in their role at the event, and will NOT be eligible to receive updating points or a judge honorarium. Coaches and judges must sign in with their current and valid WWCC or VIT card and their current Technical Membership number in order to receive updating points and payment (where required). Where a person has not included this information on the sign in sheet, they will not receive updating points or payment.
3. **Athletes**
   All Aerobic Gymnastics athletes must be registered with Gymnastics Victoria for the current year.

4. **Coaches**
   Please be aware that all Coaches are bound by the Gymnastics Victoria Codes of Behaviour, Child Protection Code of Conduct and Child Safe and Child Friendly Policy.

   It is recommended that all coaches read the National Code of Points (NCoP), the GV Year Book and the GV Events Handbook thoroughly before entering a competition. Coaches must be qualified and registered with Gymnastics Victoria/Gymnastics Australia to be on the competition floor at trials, Victorian Championships and at Australian Championships. Qualified teachers are permitted on the floor at all AeroSchools events.

4.1 **Coaches Qualifications**
   Aerobic Gymnastics Coaching Courses are conducted by GV throughout the year. Details are to be found in the Education section on the GV website.

   Only accredited officials and coaches are permitted in the warm up area and competition floor at GV and GA events.

   All coaches on the floor at an official GV competition must wear their club’s coach uniform.

   Only qualified and currently registered coaches will be eligible for a State Team position or allowed on the floor at Australian Championships. The only exception is teachers working with AeroSchools Levels teams (Page 67 of 72).

   All coaches and judges must have completed the ‘Managing the Risks of Coaching’ and ‘Managing Inclusion in Gymnastics’ online resources.

   Coaches are required to coach at the level appropriate to their qualification and experience. Refer to ‘Accreditation by levels’ tab under ‘coaches’ on the Gymnastics Australia website. For example: A coach with an Intermediate Aerobic Gymnastics qualification may only coach aerobic gymnasts from levels 1-4.

   All coaches should keep up-to-date with changes in coaching accreditation and pathways as publicised on GV and GA websites.

4.2 **Coaches Education / Updating**
   To improve the skill level of Victorian coaches, it is strongly recommended that coaches take full advantage of updating opportunities offered by GV and GA throughout the year.

   The annual Education program is an ideal place to learn skills, training plans, group management and everything to do with coaching. Watch out for the aerobic specific sessions but don’t limit yourself to them as many other Gymsports incorporate and teach aerobic skills. There are also many webinars available online via Gymnastics Australia’s LMS.

   Coaches must gain updating points to enable registration for the next year. Details are on the GV website/Education.
4.3 Etiquette

Coaches are responsible for training their team members in Aerobics Gymnastics etiquette to display sporting and cooperative manner throughout the competition.

4.3.1 Approaching Judges at Competitions

Coaches must not approach the judging panel during the competition. Coaches who insist on doing this will be asked to leave the competition floor.

4.3.2 Warm-Up

Coaches are responsible for the efficient and equal allocation of warm-up time for athletes.

4.3.3 Coach Etiquette Policy

To ensure all clubs and coaches can work together in a supportive and harmonious manner, and with the best interests of the sport uppermost in importance, the TC has developed the following policy:

- All approaches from a club official/representative to encourage an athlete (or parent of an athlete) to move from one club to another are not permitted.
- Should a club (C1) wish to gain the services of an athlete from a different club (C2) to be part of a team at a higher level which would not be possible from the number of athletes from C1, approaches may be made direct to the C2/coach. If C2 agrees, an agreement may be instigated, however if not, C1 must go no further.

Athletes are permitted to approach and transfer to the club of their choice. Transfer requests are required (see GA/GV transfer policy). However, any Aerobics athlete that is part of a State Team or part of a State-organised activity (including anything organised under the authority of the GV office or the GV AER TC) will not be able to transfer between clubs for a minimum period of 6 months from the end of the relevant program unless:

1. Both clubs agree to the transfer, and
2. The transfer is approved by the GV CEO or CEO delegate

In addition, it is a requirement that:

3. Clubs ask athletes/parents to inform their current club before attending a trial or initiating transfer to another club
4. Club owners/managers inform the original club that they have been approached (even if the parent/athlete states they have contacted the original club)
5. Club owners/managers stay in contact with each other as part of the transfer process
6. Where exceptional circumstances can be proven, the GV CEO may review the 6 month time period.

As long as the above conditions are met, transfers may only be denied if athletes have debts owing to the club.

It is inappropriate for coaches to discuss any athlete or coach in a public forum via email, website postings or any other communication outlet. Postings on websites can be extremely hurtful and be taken out of context. This can also be construed as cyber bullying. All coaches and clubs are encouraged to ask athletes not to take part in this behaviour.

Coaches with specific services should advertise in a general manner to schools and organisations or to the general public and should not approach members of clubs directly.

As coaches and clubs, our aim should be to encourage more athletes into the sport and not to ‘steal’ from each other. It is important that coaches and clubs take the view of encouraging new athletes to the sport. This promotes growth in our sport and makes it stronger, whereas taking athletes from one club to another does nothing to grow the sport and creates disharmony and conflict.
5. Judges
Please be aware that all Judges are bound by the Gymnastics Victoria Codes of Behaviour, Child Protection Code of Conduct and Child Safe and Child Friendly Policy.

Refer to the AER National Stream Rules and the FIG Code of Points. It is recommended that all judges read this Year Book thoroughly before judging at a competition.

Judges can be a great benefit to both athletes and coaches during regular training sessions. Judges are encouraged to link with a club or group to assist both parties.

5.1 Etiquette

5.1.1. Judges’ Uniform
- Navy/Black skirt or pants
- White blouse or shirt
- Navy/Black jacket
- Judges must be correctly attired at all times when officiating. The standard of attire is most important in maintaining respect and reflecting the status of the judge.
- All judges must ensure that their dress is of business attire.

5.1.2. Judging Protocols
The area around and behind the judging tables is to be a designated officials’ only area. It should be barricaded off and all athletes and family members should respect this area. Judges must not be approached during competition by athletes, coaches or spectators.

Judges are to show a pleasant facial expression and project a positive attitude to competitors during routines, and must never speak negatively about an athlete. Feedback to athletes is to be given after the completion of competition, not in between routines unless it is a specific competition with delegated time for feedback (i.e. State Team Training – control test).

Feedback to athletes must be constructive and in positively framed language. Use of Aerobic terms is expected at all times. Please use the ‘positive, constructive and positive’ feedback system (e.g. “Good effort girls; I would like to see tighter arm lines and in perfect time. Keep up the good work – I am seeing rapid improvement”).

Judges feedback to athletes should be given in private wherever possible. The judging process is to remain confidential.

5.2 Judges Education / Updating

5.2.1 Judges’ Education
Judges’ courses are conducted through Gymnastics Victoria. Refer to the Education website for further information. Clubs/schools must state two preferred dates and times plus a definite venue. A minimum number of 12 candidates is preferable; however lesser numbers may be catered for.

Clubs/schools must be able to provide:
- A theory room
- A TV and DVD machine
- An overhead projector
- Whiteboard and marker
- Athletes and a gym
- Tea and coffee making facilities.

5.2.2. Judges’ Updating Requirements
Attend relevant updating workshops and judge two competitions per year. Judges must sign the official sign-in sheets to receive updating points.
5.2.3. Judges’ Updating Options
Judges updating workshops will be held throughout the year. For more details please contact the AER Judging Coordinator, via GV. Judges may attend a relevant Judges’ Course as an observer to complete their updating hours, be an active Secretary within a competition, and attend any coaching course or updating event. All coaches and judges must have completed ‘Managing the Risks of Coaching’ and ‘Managing Inclusion in Gymnastics’ online resources. It is expected that all judges will attempt to complete the required updating workshops. All judges must maintain their Technical Membership with GV/GA.

5.3 Judges’ Honorarium
Judges will be paid an honorarium according to the Business section of this Year Book.

6. Officials/Volunteers
Competing clubs/schools are required to provide the following (all of whom must have a valid WWCC):
- Floor Managers
- Scorers
- Competition Marshals
- Music Operators
- Announcer
- Door Personnel
- Other volunteers to assist in the conduct of all GV competitions.

GV can assist clubs to train personnel for club and state events. Please contact the GV office for further information or to express interest in ‘in-club’ information/training sessions or workshops.

All clubs/schools are reminded that competition personnel MUST be provided by all competing teams, not by GV office personnel.

All clubs entering Trials and Victorian Championships are required to provide a judge/s for a minimum 3 of the 6 sanctioned GV events (including AeroSchools State Championships) as per the following formula:
- Up to 20 athletes entered – at least one qualified judge required
- 21+ athletes entered – at least two qualified judges required

If the above requirements are not met, offending clubs will be issued with a $250 fine.

Small clubs with fewer than 10 athletes entered may directly approach the TC to request an alternative arrangement.

7. Interstate & International Travel
Please refer to Gymnastics Australia’s Travel Policy for all rules regarding travel in Australia and Internationally.

All Clubs, gymnasts, coaches and judges must officially notify the TC of their intention to travel to and compete at any interstate or overseas event. The TC may be able to offer assistance and facilitate contacts outside Victoria. It is strongly urged that a report of the trip, results and information be written and submitted to the TC.

8. AeroSchools Program
AeroSchools is a grass roots Aerobic Gymnastics participation program conducted in schools and clubs by teachers or qualified instructors. The philosophy behind the program is aimed at fun, fitness, friendship, and fundamentals in promoting a healthier Australian society. Please refer to the AeroSchools resources on the AeroSchools website. Gymnastics Australia will continue to update the
AeroSchools website with resource and event information. The website can be found at http://aeroschools.gymnastics.org.au/. Please refer to this website for the list of available routines.

9. State Team
Refer to the State Team Handbook and associated policies on the Gymnastics Victoria website. All members wishing to be considered for selection to the State Team will be required to complete and submit a nomination form by the due date which will available on the GV website from February.

10. Miscellaneous
   Aerobic Gymnastics Club Contact Details
   Gymnastics Victoria can offer advice on how individuals and clubs can become involved in Aerobic Gymnastics. For information on local clubs either contact Gymnastics Victoria or visit the GV website http://www.gymnasticsvictoria.org.au/.

11. Final Considerations
   Where any event occurs that is not provided in these regulations or those of GV and GA, any decision or action shall be decided by the Event Director or GV CEO with advice from relevant personnel. Such a decision shall be final but is not to be construed as having set a precedent. Whereby error or omission of any of the foregoing regulations shall require interpretation, the original intent of the rule, rather than the letter of the law shall prevail.
Acrobatic Gymnastics

The information published in the following section shall remain in force for the current year to December 31. Information contained herein is discipline specific, and as such should be read in conjunction with and as part of the following documents (where applicable):

- The Technical Statutes
- GA International Program
- GA National ALP 2020 - 2024
- National Technical Regulations
- FIG Code of Points
- FIG Table of Difficulty
- The Constitution of Gymnastics Victoria
- The Business section of this Year Book
- The Events Handbook
- The GV website

Should there be any discrepancy arising from the above mentioned, or that has not been provided for refer to the Technical Committee for further clarification.

**Technical Updates are provided on the Gymnastics Victoria website and in the monthly Technical Bulletin.**

1. **ACR Technical Committee**

   The Victorian ACR Technical Committee is the advising body for the technical rules of the sport in Victoria. Any correspondence should be sent C/O Gymnastics Victoria.

2. **Working with Children Check**

   It is Gymnastics Victoria policy and a legal standard to sight a current, valid Working with Children Check (WWCC) or Victorian Institute of Teachers (VIT) card from all coaches, judges, officials, vendors and volunteers at all Gymnastics Victoria competitions.

   At all Gymnastics Victoria events:
   - All coaches, judges, officials, vendors and volunteers are required to present themselves to an authorised person with their current and valid WWCC or VIT card (and photo ID) and complete the sign in sheet per day of competition prior to access to the field of play;
   - It is a requirement for coaches and judges to include their Technical Membership number when signing in;
   - Coaches, judges, officials, vendors and volunteers must be easily identifiable on the field of play by means of either a wristband or stamp to ensure they have presented their WWCC or VIT; and
   - WWCC and VIT cards must be presented visually. A number alone is not sufficient, however a clear photograph of the card (on a mobile phone or similar) will satisfy the requirement. Persons under 18 are not required to have a WWCC, however it is highly recommended.
   - Personnel required to present their WWCC are encouraged to take an image of the front and back of their card in case of misplaced/lost WWCC card.
Coaches, judges, officials, vendors and volunteers unable to provide a current and valid WWCC or VIT card at all 2020 GV Events or other events will NOT be permitted access to the field of play or to continue in their role at the event, and will NOT be eligible to receive updating points or a judge honorarium.

Coaches and judges must sign in with their current and valid WWCC or VIT card and their current Technical Membership number in order to receive updating points and payment (where required). Where a person has not included this information on the sign in sheet, they will not receive updating points or payment.

3. Athletes

1.1 Uniforms

3.1.1 Presentations
  Athletes are to present themselves at all State competitions in club tracksuits with clean footwear or clean white socks.
  At levels 0-3, competition attire or any other clean, neat and matching club attire may be worn for presentations.

3.1.2 Competition Attire
  Competition attire as per Code of Points.

1.2 Competition Demeanour
  Athletes participating in competitions of any kind will show respect to all judges, coaches and officials and fellow athletes. Displays of poor temperament or unsporting behaviour either by word or gesture will result in technical deductions, or in extreme cases, disqualification.
  
  Once the competition has commenced, Athletes may not leave or communicate with any person off the competition floor without approval from the Floor Manager.

4. Coaches

Please be aware that all Coaches are bound by the Gymnastics Victoria Codes of Behaviour, Child Protection Code of Conduct and Child Safe and Child Friendly Policy.

Registration and Affiliation (Refer to Business section).

1.3 Qualifications
  Coaches are to be qualified in ACR discipline specific (GV provide discipline specific coaching courses).
  
  All coaches on the floor at official competitions must be currently registered and accredited with GV and may be asked to produce evidence of the same. Failure to do so, or not being registered, will result in the removal of that coach from the competition floor and a fine of $220 per coach being imposed on their club.

1.4 Responsibilities/Duties - Coaches
  - Coaches must not act in an intimidating or unsporting manner
  - Where a coach acts in an inappropriate manner, leaves the competition floor, or breaks any rules during an event, the penalty may be immediate removal from the competition floor by the ACR Technical Director, his/her representative or event staff
  - Coaches must uphold the Gymnastics Victoria Codes of Behaviours
  - Coaches must ensure that their pairs/groups are prepared to a satisfactory standard for the level of competition that they are entered into
  - Coaches are responsible for training their Athletes in gymnastics etiquette and to behave in a responsible and sporting manner during a competition.
1.5 Etiquette

4.3.1 Dress
Coaches must be appropriately dressed in Club tracksuit or uniform.

4.3.2 Approaching Judges at Competitions
Coaches must not approach any of the judging panel concerning the evaluation of routines/scores during the competition.

If a coach/club would like feedback on their gymnast’s routines then this request should be sent to the ACRO TC - ACRO Judging Coordinator.

Coaches who insist on approaching judges before/during/after competition sessions will be asked to leave the competition floor by the ACR TD, his/her representative, or event staff. This type of action can also lead to further sanctions issued against the coach, such as removal from the competition, or being banned from further competitions.

4.3.3 Warm Up
Coaches are responsible for efficient and equal allocation of warm up time per pair/group.

4.3.4 Competition
Coaches may not leave or communicate with any person off the competition floor once the competition has commenced without approval from the Floor Manager.

Once competition has commenced:
- Coaches and gymnasts must not leave the competition areas without the express permission of the ACR TC, Jury or Head Judge. Penalty: Disqualification.
- Coaches are responsible for training their team members in gymnastic etiquette to behave with sporting and cooperative manner during competition and spare periods.
- If a coach acts in an inappropriate manner during an event, the penalty is removal from the competition floor by the ACR TD or their representative as per the FIG Code of Points.

4.3.5 Tariff Sheets (Routine Sheets)
Clubs are to submit completed Tariff sheets for Levels 4-10 to the Judging Coordinator or another qualified person as nominated by the host club. These sheets are required at least 10 days prior to an event for evaluation. In Levels 4-10 and International Stream minor changes must be finalised at least 48 hours prior to an event for evaluation. Late submission of a Tariff sheet will incur a 0.3 deduction.
5. **Judges**

Please be aware that all Judges are bound by the Gymnastics Victoria Codes of Behaviour, Child Protection Code of Conduct and Child Safe and Child Friendly Policy.

**1.6 Qualifications**

Refer to the most current FIG ACR Code of Points and the GA ACR Part B Technical Commission Regulations.

**1.7 Responsibilities/Duties**

- Judges must not act in an intimidating or unsporting manner
- Where a judge acts in an inappropriate manner, or breaks any rules during an event, the penalty may be immediate removal from the competition floor by the ACR Technical Director, his/her representative or event staff
- Judges must uphold the Gymnastics Victoria Codes of Behaviour
- Judges must ensure that their knowledge and application of that information is to a satisfactory standard for the level of competition that they are judging
- All judges are required to fulfil updating requirements relevant to their appropriate level.
- Judges must be currently registered with GV/GA and may only register with one club.
- Judges should not contact any coach during any session when they are judging unless directed to by the CJP or SJ. If contact, passing information occurs the judge be removed from the panel following that session and may be removed from upcoming panels.

**1.8 Etiquette**

**Dress** – Uniforms are to be in accordance with the FIG ACR Code of Points 2017-2020.

**Behaviour** – behave according to the code of conduct and judges oath.

**1.9 Club Requirements**

Clubs are required to have judges who are currently registered and accredited. Fines may be imposed for not providing one or more judges at these events ($220.00 per session). It is the Club’s responsibility to provide the TC with a list of judges or potential judges associated with their club to minimise the risk of being fined. Clubs are advised to submit the relevant judges’ details as early as possible to ensure conformity and to allow your potential judges adequate time for training.

A club is required to supply a judge for the appropriate level at which their athletes are competing. Please be aware that of 2021 there will be new requirements surrounding this. Information will be released later in 2020.

**1.10 Judge Education**

Judging Courses are conducted throughout the year.

All judges are to own, or have access to, a copy of the FIG ACR (Acrobatic Gymnastics) Code of Points 2017-2020, the ASP Manual (TBC), and FIG Tables of Difficulty. These should be on hand when judging and when attending a Judging course or workshop.

A Pre-Beginner workshop is available to potential judges who wish to improve their understanding of ACR terminology, basic forms and moves. This workshop is conducted at no cost in an informal atmosphere. Where possible, the workshops can be conducted in club venues providing there are enough participants. The Pre-Beginner Workshop is not a prerequisite for the Beginner Judging Course but is strongly recommended.
6. **Officials**

Please be aware that all Officials are bound by the Gymnastics Victoria Codes of Behaviour, Child Protection Code of Conduct and Child Safe and Child Friendly Policy.

Officials required for all ACR events include:

- Announcer
- Floor Manager
- Judges
- Master Scorers
- Medical Personnel
- Music Operator
- Video Operator
- Runners

With the exception of Medical personnel and judges, the duties of these officials are available on request from the GV events department. It is the responsibility of clubs hosting events to provide adequately trained and prepared officials for all events.

Officials must sign the appropriate attendance sheets.

2. **Victorian Rules**

There are no specific Victorian rules in place at this time. Please check the GV website under ACR Technical Information for any updates.

3. **State Team**

Refer to State Team Handbook and associated policies on the Gymnastics Victoria website.

All members wishing to be considered for selection to the State Team will be required to complete and submit a nomination form by the due date which will available on the GV website from February.

4. **Interstate & Overseas Travel**

Please refer to Gymnastics Australia’s Travel Policy for 2020. Gymnastics Victoria will be following this policy.

4.1 **Travel Notification**

All clubs, athletes, coaches and judges must officially notify the ACR TC of their intention to travel to and compete at any interstate or international event.

4.2 **Contacts**

The ACR TC may be able to offer assistance and/or facilitate contacts outside Victoria.

4.3 **Results**

Upon return to the state, a report detailing the competition results and other information regarding the trip should be sent to the ACR TC.
5. **Music**

It is preferred that all competition music is submitted either by electronic submission or on a USB flash drive. For GV Events the office will stipulate how they would like it submitted.

5.1 **File Format**

The preferred format is an uncompressed, 16 bit, 44.1kHz stereo wave file.

If the above is not possible or your original music file is already in this format, 44.1kHz stereo MP3 file, using the highest available bit rate (such as 320kbps) will also be accepted.

Music in other formats such as WMA, M4A, FLAC etc. will not be accepted.

5.2 **File Naming**

Each file should be named exactly as per the following convention:

[Club] [Level/Discipline] [Routine] [First names]

e.g. “NGSC L6MX BAL Bell Treble.wav”

The names of the gymnasts should be in the same order as on the competition workplan.

5.3 **Music submission**

If not specified in the event workplan, music may be submitted in one of the following three ways, in order of preference:

- By email or other electronic submission method to the event organiser at least 10 days in advance
- By post on USB flash drive to the event organiser at least 10 days in advance
- By USB flash drive at least 30 minutes prior to the commencement of the session.

Do not compress the audio file further for the purposes of submitting it.