



Attention Softball Players

Interested in TRAVEL BALL but not sure where to look?
...or how to get started?

Travel Ball on the surface seems cool and exciting... but it is a huge commitment. We have seen players burn-out too quickly for a number of reasons, but mostly because they were not prepared for the level of intensity that comes with Travel Ball. The time commitment, the pressure, the lack of loyalty and significant costs are to name a few reasons the girls give up the sport.

This is where the **ICE-20** program comes in...

We started the **ICE-20** program to bridge the gap between REC ball and Travel so it is not such a shock (financially and the time commitment).

In years past, we had two teams in the winter and in the summer the older girls moved up to the Bownet 14U team who took 2nd place in the ASA (2017) and NSA Nationals (2018). The **ICE-20** team took 2nd place at the NSA Nationals in Reno (2017) coming from 19th seed (playing 7 games in one day).

This fall we will have two (or more) teams depending on pitching with one team for the older 14U players and the other team for the players coming from REC ball or... just want a great place to play and do not want the pressures of travel ball. We will run our practices at a Travel Ball pace (great instruction, conditioning and core work as well) but the games are more geared towards what the team is ready for. These teams will focus on fundamentals, learning the game and what it takes to play at an advanced level. Games are secondary... if you are looking to win trophies, you might want to look elsewhere as this program is designed to accomplish something completely different.

All teams will play in the weekend Fall Ball leagues (Days TBD) while attending at least 1 NSA or USSSA travel tournament each month. Practices will be once or twice a week until school starts and then once a week (and Saturdays we are not at a tournament).

NOTE: If your REC league is planning on fielding a 14U fall ball team, please follow up with them first to see if it is a fit for you. We do not want to take players away from REC until they are ready.

Workouts will be held on each Thursday and Saturday in August at Valley View Park in Oak Park (100 Los Arcos, Oak Park) (6PM-8:30PM on Thursdays and 10AM-1:30PM on Saturdays). Please plan on showing up 15 minutes early to get signed up.

If interested, please contact Jeff Alkazian (jeff@bownetyouthsports.com) or 805-341-7029.